

MEMORANDUM

TO : ALL CONCERNED OFFICERS/EMPLOYEES
Central Office, Postal Areas 1 to 9
This Corporation

SUBJECT : PARTICIPANTS IN THE ONLINE 2025 LECTURE ON REVISED DISCIPLINARY RULES ON SEXUAL HARASSMENT CASES, THE SAFE SPACES ACT, AND BASIC OCCUPATIONAL SAFETY AND HEALTH (BOSH) FOR THE PUBLIC SECTOR (HYBRID SETUP)

DATE : 17 July 2025



In the exigency of the service, the concerned officers and employees from the Central Office and Postal Areas 1 to 9 are hereby directed to participate the **2025 Online Lecture on the Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act (RA 11313), and Basic Occupational Safety and Health (BOSH) for the Public Sector**, which will be conducted on **31 July 2025 (Thursday), from 8:00 AM to 5:00 PM, via a hybrid setup.**

This initiative aims to deepen awareness and promote full compliance with existing laws and guidelines concerning workplace conduct, protection against all forms of sexual harassment, and the promotion of health and safety in the public sector work environment.

The sessions may be accessed through the following Google Meet links:

- **2025 Online Lecture on the Revised Disciplinary Rules on Sexual Harassment Cases and the Safe Spaces Act**
Meeting Link: meet.google.com/dwz-pdiu-qrf
→ Participants who have not yet attended this session are required to register. Those who have previously attended are no longer required to register for this session but must still register through the link provided below for the BOSH component.
- **Basic Occupational Safety and Health (BOSH-SO2) for the Public Sector**
Meeting Link: meet.google.com/zqi-yqfz-xsm

All participants are required to complete the online registration **at least one (1) day prior** to the scheduled training. The registration link and detailed instructions—including access to the **Pre-Test, Post-Test, and Evaluation Form**—will be provided by **Ms. Emily Baylon of the Human Resource Development Division (HRDD)** via the chat box during the session. For any clarifications or related concerns, you may also reach out via email at hrddiv@phlpost.gov.ph.

The official list of participants is provided below for your reference and strict compliance.

LEGENDS FOR STATION/PLACE OF ASSIGNMENT:

- Office of the Board of Directors (OBOD)
- Office of the Postmaster General (OPMG)
- Office of the Assistant Postmaster General for Operations (OAPMG for Operations)
- Office of the Assistant Postmaster General for Management Support Services (OAPMG for MSS)
- Internal Audit Department (IAD)
- Human Resource Management Department (HRMD)
- Logistics & Property Management Department (LPMD)
- General Services Department (GSD)



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- I. Accounting Department (AD)
- J. Financial Management Department (FMD)
- K. Inspectorate Department (ID)
- L. Service Regulations Department (SRD)
- M. Network and Transport Department (NTD)
- N. Express Mail Exchange Department (EMED)
- O. Airmail Exchange Department (AMED)
- P. Surface Mail Exchange Department (SMED)
- Q. Business Lines Department (BLD)
- R. Corporate Planning Department (CorPlan)
- S. Management Information Systems Department (MISD)
- T. Human Resource Development Division (HRDD)
- U. Corporate Communications Division (CorpCom)
- V. Motor Transport Section (MTS)
- W. Post Office (PO)
- X. Extension (Ext.)
- Y. Office of the Area Director (OAD)
- Z. Sub-Distribution Center (SDC)
- AA. Administrative and Finance (ADFIN) Division
- BB. Central Post Office (CPO)
- CC. Support Service Department (SSD)
- DD. Mail Distribution Center (MDC)
- EE. General Services Section (GSS)
- FF. Human Resource Management Section (HRMS)

List of Officers and Employees for the AM and PM sessions on 31 July 2025, 08:00 AM–12:00 PM and 1:00 PM to 5:00 PM

No.	NAME			Plantilla Position	Station/Place of Assignment
	Surname	Given Name	MI		
CENTRAL OFFICE					
1	ABUNDO	JOJIMBO	P.	Senior Mail Sorter	SMED
2	ADRALES	ENRIQUE	DG.	Senior Mail Sorter	AMED
3	AGUILAR	ALEXIS	F.	Accountant V	AD
4	ALMARIO	CONCEPCION	F.	Supervising Postal Service Officer	LPMD
5	ALOG	JOHN EDISON	DC.	Financial Analyst I	AD
6	AMPER-MANUEL	CHRISTINE DOBEE	M.	Executive Assistant III	OAPMG for MSS
7	ANGELES	NOEL	D.	Letter Carrier	EMED
8	AQUINO	MA. BERLIZA	V.	Financial Analyst II	AD
9	ARREGLO	MERRIAM	C.	Budget Officer II	FMD
10	ARUTA	MARISSA	P.	Administrative Aide IV	GSD
11	AUSTRIA	RIZZA	A.	Senior Mail Sorter	AMED
12	BAGHARI	MAYETH	E.	Postal Services Officer II	SMED
13	BARCELONA	MARIA ADELIZA	C.	Agenda/Minutes Officer III	OBOD
14	BAUTISTA	PHOEBE	G.	Human Resource Management Officer III	HRMD
15	BAUTISTA	PAUL	E.	Driver II	OAPMG for MSS
16	BAYLON	RAQUEL	S.	Senior Mail Sorter	EMED

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17	BERNALES	SATURNINO JR.	A.	Logistics Management Officer III	LPMD
18	BINOS	REY	B.	Senior Letter Carrier	EMED
19	BULAQUINA	MELCHOR JR.	C.	Administrative Aide IV	AMED
20	CABRERA	OLIVER	C.	Microfilming Machine Operator III	GSD
21	CABUTAJE	HARRISON	A.	Engineer V (CE)	GSD
22	CACHO	JOCELYN	E.	Executive Assistant III	OPMG
23	CADIZ	NEMESIO	A.	Driver II	OPMG
24	CAMBA	VINCENT JON	A.	Financial Analyst III	BLD
25	CARO	MARK WILSON	DG.	Private Secretary II	OAPMG for MSS
26	CO	ABIGAIL MARIE	G.	Human Resource Management Officer I	HRMD
27	CORUM	MARITES	M.	Senior Mail Sorter	SMED
28	CUNANAN	CHRISTOPHER	I.	Electrician II	GSD
29	CUNANAN	EUSEBIA	J.	Human Resource Development Officer I	HRMD
30	DE DIOS	PAMELA YASMIN	V.	Development Management Officer III	CorPlan Department
31	DE JESUS	JOSHUA	C.	Computer Programmer III	OPMG
32	DE LEON	JOVITA	P.	Administrative Aide IV	GSD
33	DE LEON	VANESSA SALVE	S.	Nurse III	HRMD
34	DE VERA	CRISTINA	R.	Senior Mail Sorter	AMED
35	DELA PASION	RODEL	V.	Development Management Officer IV	CorPlan Department
36	DIOCALES	LILYBETH	V.	Senior Mail Sorter	AMED
37	DOCTOR	CLEOFE	E.	Clerk III	SMED
38	ELONA	MARY CLAIRE	A.	Postal Service Officer I	AMED
39	ENRILE	JERWIN	I.	Logistics Management Officer V	LPMD
40	ESPAÑOLA	DANICA ANA	G.	Financial Analyst I	AD
41	ESTORNINOS	EDWIN	O.	Logistics Management Officer II	LPMD
42	FABI	JENIFER	T.	Private Secretary II	OAPMG for Operations
43	FAJARILLO	ETHEL	F.	Financial Analyst II	AD
44	FIDELSON	ANTONIO	E.	Information Officer III	CorpCom Division
45	FOTOTANA	MA. JUVY	C.	Clerk III	SMED
46	FRANCO	VERNON	A.	Senior Mail Sorter	AMED
47	FROGOSA	CHRISALYN	F.	Internal Auditor II	IAD
48	FRUTO	VIRGINIA	T.	Senior Mail Sorter	EMED
49	GABIN	RIZALINA	M.	Senior Postal Service Officer	AMED
50	GABRIEL	GERRY	G.	Senior Mail Sorter	AMED
51	GALES	PAUL	M.	Aircon Technician I	GSD
52	GALICIA	ARLENE	E.	Mail Sorter	EMED
53	GARCIA	JONALYN	B.	Cashier I	EMED
54	GLINDRO	SHIELA	G.	Senior Mail Sorter	AMED
55	GRANADOS	RODITA	R.	Senior Mail Sorter	AMED

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56	GUZMAN	CATHERINE	P.	Cashier II	FMD
57	GUZMAN	JOHN CHRISTOPHER	PR.	Internal Auditor I	IAD
58	INDONILLA	RENEZAR	A.	Driver Courier II	NTD
59	INDONILLA	HEIDEE	A.	Senior Mail Sorter	AMED
60	INOSANTO	CRIS NOEL	F.	Postal Service Officer II	SMED
61	JESUS	VICTORIO	R.	Mail Sorter	AMED
62	JUNIO	RIZA		Mail Sorter	AMED
63	KABILING	ELENA	R.	Senior Mail Sorter	AMED
64	LACSON	JAYZON	C.	Reproduction Machine Operator III	GSD
65	LECCIONES	LIZEL	C.	Computer Operator II	AMED
66	LENON	MARIBEL	G.	Financial Analyst IV	BLD
67	LLAPITAN	CRISTINA	B.	Supply Officer II	LPMD
68	LOPEZ	ARLEEN	SR.	Senior Mail Sorter	AMED
69	LOPEZ	GERALDINE	DL.	Administrative Aide IV	GSD
70	MACARASIG	RONALDO	A.	Computer Operator II	SMED
71	MALIBIRAN	LULU	V.	Senior Mail Sorter	EMED
72	MANAOIS	MELGRACE	G.	Financial Analyst III	AD
73	MANLANGIT	RENATO	S.	Administrative Aide IV	GSD
74	MARASIGAN	GERALDINE	B.	Senior Mail Sorter	SMED
75	MARIBBAY	LUZ	B.	Senior Mail Sorter	AMED
76	MARTIN	RICHARD PAUL	T.	Planning Officer IV	CorPlan Department
77	MATAVERDE	ZENAIDA	V.	Department Manager III	CorPlan Department
78	MERCADO	LUIS	L.	Mail Sorter	AMED
79	MERILLES	JOVITA	M.	Postal Service Officer I	AMED
80	MILLENA	CRISTINA	A.	Statistician II	CorPlan
81	MILMAO	MA. LEONORA	S.	Postal Service Officer II	ID
82	MIÑANO	DESIDERIA	T.	Mail Sorter	EMED
83	MIRANDA	MA. BUENAFLORES	G.	Senior Mail Sorter	SMED
84	MONTAÑA	MARIA CONCEPCION	J.	Administrative Officer V	LPMD
85	MORALES	HENRY	C.	Senior Mail Sorter	SMED
86	MORONG	ARLENE	O.	Postal Service Officer II	SRD
87	NITORAL	JOCELYN	F.	Senior Mail Sorter	AMED
88	NODORA	JETT RAVEN	P.	Information Technology Officer I	MISD
89	OLIVAREZ	FERNANDO	B.	Carpenter II	GSD
90	ONGPAO	JEANNETTE	DJ.	Senior Mail Sorter	AMED
91	ONGUE	JAY	R.	Financial Analyst I	AD
92	PALMON	GINA	O.	Postal Service Officer I	AMED
93	PANGILINAN	THELMA	T.	Computer Operator II	EMED
94	PEÑA	RUFINA	F.	Senior Mail Sorter	SMED
95	PEÑA	RANIEL	DC.	Senior Postal Service Officer	SMED
96	PIMENTEL	GERALYN	P.	Senior Mail Sorter	SMED
97	PUCAN	MELYCEL	F.	Financial Analyst III	AD
108	SABLE	EDWIN	P.	Administrative Aide IV	GSD

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109	SALINAS	CHEVROLET	P.	Executive Assistant III	OAPMG for MSS
110	SANTOS	ALICIA	N.	Postage Stamp Custodian II	FMD
111	SAYCO	LORETO	G.	Electrician II	GSD
112	SERRANO	ETHELBERT	M.	Postal Service Officer II	EMED
113	SUAREZ	JODIE	L.	Driver Courier II	NTD
114	SUCGANG	ROGELIO	R.	Senior Mail Sorter	SMED
115	SUMALINOG	JENNY DALE	A.	Human Resource Management Officer I	HRMD
116	TAGALOG	NORIE	B.	Electrician II	GSD
117	TALABOC	RUBIROSA	V.	Storekeeper IV	LPMD
118	TALION	NANETT	I.	Senior Mail Sorter	AMED
119	TAYAO	MELINDA	F.	Mail Sorter	AMED
120	TERRADO	CAROL	C.	Department Manager III	FMD
121	TIIN	SEGUNDO JR.	J.	Carpenter II	GSD
122	TORREGROSA	MELODY	D.	Mail Sorter	AMED
123	TORREGROSA	MILDRED	C.	Postal Service Officer I	EMED
124	TRINIDAD	DENISE	V.	Computer Operator II	EMED
125	TUTE	ALICIA	C.	Senior Mail Sorter	AMED
126	VALENCIA	GILCHRIST	Z.	Reproduction Machine Operator III	LPMD
127	VALENTIN	MELODINA	C.	Senior Mail Sorter	AMED
128	VARGAS	JAMAICA MARIZ	N.	Financial Analyst II	AD
129	VASQUEZ	GEAN	P.	Carpenter II	GSD
130	VICENTE	ANNE	G.	Mail Sorter	AMED
131	ZETA	MARIFLOR	F.	Draftsman IV	GSD
AREA 2-NORTHWEST LUZON					
132	ABAD	JOHN RONALD	L.	Letter Carrier	Laoag City PO
133	ABALOS	RAMIRO	R.	Letter Carrier	Bugallon PO
134	ABANCE	WILSON	B.	Driver Courier II	Baguio City CPO
135	ABANSI	JULIUS	M.	Driver Courier II	Baguio City CPO
136	ABILLE	NOEL	T.	Postmaster I	San Narciso PO
137	ACAIN	PRECILIA	M.	Postmaster I	Binalonan PO
138	ACOSTA	MERLINDA	C.	Letter Carrier	Baguio City CPO
139	ADAMOS	JEAN	M.	Postmaster I	Castillejos PO
140	AGUINALDO	BONIFER	U.	Letter Carrier	Pagudpud PO
141	ALA	MARY JOY	O.	Financial Analyst I	Area Office
142	ANCHETA	ELINELL	H.	Financial Claims Examiner I	Area Office
143	ANIN	RAMON	T.	Postmaster II	Bangued PO
144	APLOD	ELIZABETH	T.	Letter Carrier	Buguias PO
145	ARIZABAL	JONATHAN	S.	Letter Carrier	Bauang PO
146	BALAO	JULIUS	F.	Letter Carrier	Baguio City CPO
147	BANAGA	SOCRATES	A.	Letter Carrier	Bautista PO
148	BAPTISTA	AMELIA	G.	Postmaster I	San Nicolas PO
149	BAUTISTA	MARY GRACE	C.	Senior Mail Sorter	Dagupan City PO
150	BELLO	MIRASOL	E.	Postal Teller II	Vigan City PO
151	BENITEZ	ROSALINDA	S.	Postal Teller II	Vigan City PO

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152	BLANCO	IMELDA	R.	Mail Sorter	Urdaneta City PO
153	BLANZA	FRANCISCO	B.	Postmaster I	Lagayan PO
154	BOLO	NOEL	S.	Letter Carrier	San Nicolas PO
155	BRACEROS	MARIA LUANE	P.	Postmaster I	Vigan City PO
156	BULATAO	ROGELIO	O.	Letter Carrier	Malsiqui PO
157	BURGONIO	EXEQUIEL	A.	Postmaster I	Santa PO
158	BURGONIO	EMMANUEL	F.	Letter Carrier	Candon City PO
159	CABERO	FREDY	I.	Driver Courier II	Laoag City PO
160	CABUSORA	JULIUS	R.	Postal Teller III	Capas PO
161	CACAYORIN	ALEX	S.	Postmaster I	Badoc PO
162	CACHO	EDWARD	T.	Letter Carrier	Bolinao PO
163	CADENILLA	JUDITH	B.	Senior Mail Sorter	MDC
164	CADENILLA	BERT	S.	Letter Carrier	Paniqui PO
165	CADIZ	SHARON	B.	Letter Carrier	Batac City PO
166	CADIZ	EDNA	C.	Letter Carrier	Narvacan PO
167	CALICDAN	ROLLY	G.	Letter Carrier	Sta. Barbara PO
168	CAMPO	MARIO	M.	Letter Carrier	Angeles City PO
169	CAMPO	ARIEL	S.	Postmaster VI	Tarlac City PO
170	CANDA	EDWIN	P.	Driver Courier II	MDC
171	CANLAS	EDISON	D.	Letter Carrier	San Fernando City PO
172	CANLAS	ROSIE	M.	Postmaster I	Sta. Ana PO
173	CANLAS	ROY	R.	Driver Courier II	MDC
174	CAPIL	MAXIMA	P.	Postal Teller I	Guagua PO
175	CARIG	RUPERTO	F.	Letter Carrier	Urdaneta City PO
176	CARREON	ARTEXERSES	M.	Letter Carrier	Guagua PO
177	CASILANG	MARIE ANN	B.	Postal Teller I	Calasiao PO
178	CASTRO	CIPRIANO	B.	Postmaster I	Orion PO
179	CASTRO	AMELIA	L.	Senior Mail Sorter	Angeles City PO
180	CASTRO	HANS JEREMY	S.	Postmaster I	Balanga PO
181	CAYABYAB	DANTE	A.	Letter Carrier	Dagupan City PO
182	CERENO	ROEL	C.	Driver Courier II	Baguio City CPO
183	CERENO	CLEOFE	T.	Postal Teller II	Baguio City CPO
184	CERVANTES	MANUELITO	B.	Letter Carrier	Orani PO
185	CHAN	RICKY	A.	Letter Carrier	Alaminos City PO
186	CIRILO	MA. ARLYNE	P.	Postmaster I	Tayug PO
187	CLEMENTE	ARCHIMEDES	J.	Letter Carrier	Paoay PO
188	DALUYEN	ROSALINA	B.	Letter Carrier	La Trinidad PO
189	DASALLA	RICARDO	D.	Postmaster I	Moncada PO
190	DAYRIT	MARLON	L.	Driver Courier II	MDC
191	DE GUZMAN	HARRY	I.	Letter Carrier	Mariveles PO
192	DE GUZMAN	LOLITA	K.	Postal Teller II	Baguio City CPO
193	DE GUZMAN	FERNANDO	R.	Letter Carrier	Basista PO
194	DE LEON	VICTORIANO	C.	Cashier III	Baguio City CPO
195	DE LEON	FERDINAND	T.	Letter Carrier	San Fernando City PO
196	DIONICIO	CRISELDA	A.	Mail Sorter	Mabalacat PO
197	DIONISIO	JOHN	F.	Letter Carrier	SBMA PO
198	DOMINGO	CATHERINE	V.	Mail Sorter	Laoag City PO
199	DUMLAO	EMELIE	A.	Mail Sorter	Laoag City PO

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200	EDUARTE	ALONSO	G.	Driver Courier II	Baguio City SDC
201	ELGUIRA	ALFREDO	F.	Letter Carrier	Dagupan City PO
202	ENRIQUEZ	MYRNA	S.	Postal Teller I	Balanga PO
203	ERFE	ARNOLD	D.	Letter Carrier	Mangaldan PO
204	EROA	IMELDA	C.	Postal Service Officer I	Baguio City SDC
205	ESTABILLO	MELANIE	D.	Letter Carrier	San Carlos City PO
206	FABON	NEIL	E.	Letter Carrier	San Juan PO
207	FAJARDO	MARY ANN	S.	Letter Carrier	Lubao PO
208	FERNANDEZ	REMEDIOS	A.	Postmaster I	Mangatarem PO
209	FILOMENO	WILLIE	D.	Letter Carrier	Dagupan City PO
210	FLORES	LIRIO	C.	Postmaster I	CSEZ PO
211	FLORES	MARMI FRITZIE	T.	Postal Service Officer I	San Fernando City PO
212	FRANCISCO	BLESILDA	T.	Postmaster I	Limay PO
213	FRANCO	ROMMEL	G.	Letter Carrier	MDC
214	FRANCO	MA. SOCORRO	M.	Postmaster V	San Fernando City PO
215	FRIAS	DOUGLAS	F.	Letter Carrier	Malasiqui PO
216	FRONDA	MA. JULIA	R.	Letter Carrier	Victoria PO
217	GADUT	MARJORIE	R.	Postmaster I	Candon City PO
218	GANO	ANDRES DEXTER	T.	Letter Carrier	Sarrat PO
219	GARCIA	ARNEL	A.	Postal Service Assistant I	MDC
220	GARCIA	LAWRENCE	C.	Postmaster I	Bangui PO
221	GARCIA	ROGELIO	E.	Letter Carrier	Tarlac City PO
222	GATCHALLAN	RODOLFO JR.	S.	Driver Courier II	San Fernando SDC
223	GOMEZ	SERGIO III	D.	Letter Carrier	Sta. Cruz PO
224	GOMEZ	MARLON	G.	Letter Carrier	Angeles City PO
225	GONZALES	ROY LOUIE	M.	Letter Carrier	Balungao PO
226	GOSE	RHODALYN	C.	Postal Teller I	Vigan City PO
227	GREGORIO	REBECCA	P.	Postal Teller I	Capitol PO
228	GUEVARRA	ARISTIDES	F.	Driver Courier II	MDC
229	GUEVARRA	ARTHUR EMERSON	F.	Letter Carrier	San Simon PO
230	GUMAPOS	JOVITO	F.	Letter Carrier	Lingayen PO
231	GUMIHID	RHODORA	M.	Postmaster I	Villasis PO
232	GUTOMAN	GENE	S.	Letter Carrier	San Jacinto PO
233	GUZMAN	RODEN	C.	Letter Carrier	Magalang PO
234	HERNANDEZ	ELISA	S.	Postmaster I	Arayat PO
235	HILARIO	GINA	V.	Postmaster I	Sarrat PO
236	IGNACIO	LUZVIMINDA	D.	Senior Mail Sorter	MDC
237	JACILDONE	RUBEN	A.	Letter Carrier	Caba PO
238	JARAMILLA	ROBERT	S.	Letter Carrier	Magsingal PO
239	JOSE	VINCENT LAWRENCE	G.	Letter Carrier	Baguio City CPO
240	JOSE	ROSALIE	S.	Letter Carrier	Baguio City CPO

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241	JOSEPH	JANETTE	C.	Postmaster I	Baguio City Hall PO
242	JOVELLANOS	STEPHEN	L.	Letter Carrier	Dagupan City SDC
243	JOVES	CIRILO	E.	Letter Carrier	Mapandan PO
244	JOVES	BENEDICT	E.	Postmaster I	Mangaldan PO
245	KUMANAB	MILAGROS	D.	Postmaster I	Bontoc PO
246	LAGUA	PAULO	M.	Letter Carrier	Baguio City CPO
247	LALU	RICARDO	D.	Letter Carrier	Angeles City PO
248	LAMPACAN	GERTRUDE	L.	Postmaster I	Bauko PO
249	LAPUZ	LEA	L.	Postmaster IV	Angeles City PO
250	LAPUZ	MOISES	M.	Driver Courier II	Mabalacat PO
251	LAPUZ	ALFREDO JR	S.	Letter Carrier	San Fernando City PO
252	LARA	ROMEO JR.	B.	Letter Carrier	Samal PO
253	LAURENTE	RAUL	M.	Driver Courier II	MDC
254	LAYCO	ROLAND	A.	Letter Carrier	Tagudin PO
255	LAZO	NESTOR	E.	Postmaster I	Banna PO
256	LEGASPI	HEDION	A.	Letter Carrier	San Fernando City PO
257	LICUDAN	ROMULO JR	J.	Driver Courier II	San Fernando SDC
258	LOMANGAYA	DANILO	L.	Letter Carrier	Angeles City PO
259	LORENZANA	RAMCY	L.	Letter Carrier	Alaminos City PO
260	MACARANAS	JOCELYN	C.	Postal Teller II	Dagupan City SDC
261	MACUGAY	HENRY	G.	Letter Carrier	San Ildefonso PO
262	MADAMBA	FERDINAND	L.	Letter Carrier	Laoag City PO
263	MADAYAG	JIMMY	P.	Letter Carrier	San Manuel PO
264	MAJESTRADO	RONALDO	H.	Postmaster I	Gerona PO
265	MALINAO	MA. THERESA	V.	Senior Mail Sorter	Dagupan City SDC
266	MANALILI	DINA	F.	Postmaster I	San Luis PO
267	MANCILLA	ROLLY	M.	Letter Carrier	Arayat PO
268	MANGALIAG	RONNEL	C.	Postmaster I	Manabo PO
269	MANUEL	RAUL	E.	Letter Carrier	Pozorrubio PO
270	MANUNTAG	GIRLIE	C.	Postal Teller II	San Fernando City PO
271	MAPILI	RAYNANTE	C.	Letter Carrier	Naguilian PO
272	MARAMBA	JOEL	M.	Driver Courier II	Dagupan City SDC
273	MARIANO	GARDINI	P.	Letter Carrier	Rosales PO
274	MEDINA	DOMINADOR	C.	Letter Carrier	Angeles City PO
275	MENDIOLA	CATALINA	J.	Mail Sorter	San Fernando City PO
276	MENDOZA	ANNALYNE	C.	Letter Carrier	San Fernando City PO
277	MENDOZA	JESUS	M.	Letter Carrier	Bayambang PO
278	MERIS	ABIGAIL	P.	Letter Carrier	Kapangan PO
279	MIRANDA	ARAZELLE	G.	Postmaster I	San Simon PO
280	NAZARENO	MARCIANO	T.	Letter Carrier	San Fernando City PO
281	NOVERAS	JEANETTE	F.	Letter Carrier	San Juan PO
282	OBANA	WILSON	S.	Driver Courier II	San Fernando SDC
283	OCAMPO	ANGEL	C.	Driver Courier II	Mabalacat PO

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283	OCAMPO	ANGEL	C.	Driver Courier II	Mabalacat PO
284	OCAMPO	ANITA	M.	Senior Mail Sorter	Angeles City PO
285	ORCALES	JUDITH	C.	Letter Carrier	Baguio City CPO
286	ORQUIA	JOY ARIEL	G.	Letter Carrier	Angeles City PO
287	ORTIZ	REDENTOR	S.	Postmaster I	San Nicolas PO
288	PAGADUAN	ROGER	C.	Letter Carrier	Paniqui PO
289	PAJAR	ANNETTE	R.	Letter Carrier	Sta. Catalina PO
290	PANDARAOAN	BRIGIDA	S.	Letter Carrier	Piddig PO
291	PAREL	ALEXANDER	C.	Driver Courier II	San Fernando SDC
292	PAREL	ELLA	D.	Mail Sorter	San Fernando SDC
293	PASCASIO	JULIUS	S.	Letter Carrier	San Fernando City PO
294	PASCUA	MARLO	V.	Letter Carrier	Dagupan City PO
295	PASCUA	ARNEL	Y.	Letter Carrier	Capas PO
296	PASCUA	RONILO	Y.	Letter Carrier	Concepcion PO
297	PASCUAL	RODNEREEK	A.	Letter Carrier	Camiling PO
298	PASCUAL	WILMER	V.	Driver Courier II	Pasquin PO
299	PATI	MOISES	S.	Letter Carrier	Candon City PO
300	PAULE	TEODORO	L.	Letter Carrier	Lubao PO
301	PAYADKEO	MERCEDES	D.	Postmaster I	Mankayan PO
302	PEREZ	MARIBEL	G.	Postmaster I	Sto. Tomas PO
303	PRINCIPE	BESANDEL	P.	Postmaster I	Manoag PO
304	PULANCO	CLARISSA	A.	Postal Service Officer I	Vigan City PO
305	PUNZALAN	ROSALINA	B.	Senior Mail Sorter	MDC
306	QUILBAN	EDWIN	C.	Postmaster I	Batac PO
307	QUINDIPAN	ANGELITA	F.	Postmaster I	Pinili PO
308	QUINONES	MARS	G.	Letter Carrier	Mangatarem PO
309	RABAGO	RENAN	I.	Letter Carrier	Olongapo City PO
310	RAMOS	EDWIN	L.	Driver Courier II	San Fernando SDC
311	RATA	JOANN	R.	Postal Service Officer II	MDC
312	REYES	MYRNA	M.	Senior Mail Sorter	Angeles City PO
313	RIGATES	CHERRIE MAE	J.	Mail Sorter	Laoag City PO
314	RIGATES	WENDELL	P.	Letter Carrier	Laoag City PO
315	ROSARIO	RICHARD	V.	Mechanic III	Area Office
316	RUIZ	ERNESTO	L.	Letter Carrier	Tagudin PO
317	RUTAB	ANTONIO	M.	Letter Carrier	Santiago PO
318	SACLAO	MYRNA	M.	Postal Teller I	Plaza Cristina P.O.
319	SACLAO	SONNY	S.	Driver Courier II	MDC
320	SAGAT	GELACIO	R.	Letter Carrier	Bontoc PO
321	SALANG	VIRGINIA MAE	M.	Postmaster II	Olongapo City PO
322	SALONGA	CARLO	R.	Letter Carrier	Baguio City CPO
323	SALVADOR	ALEXANDER	M.	Letter Carrier	Angeles City PO
324	SANTOS	RAMESES JONATHAN	B.	Driver Courier II	MDC
325	SANTOS	NICOLAS	O.	Letter Carrier	Angeles City PO
326	SARMIENTO	BERNARDO	G.	Letter Carrier	San Carlos City PO
327	SEGUNDO	LEONISA	C.	Letter Carrier	Bolinao PO
328	SENA	ALLAN	A.	Letter Carrier	San Fernando City PO
329	SERDENIA	JOCELYN	A.	Letter Carrier	Vigan City PO

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330	SEVILLA	ARMANDO	M.	Letter Carrier	Angeles City PO
331	SICAT	CYNTHIA	V.	Postal Teller I	Floridablanca PO
332	SILVA	ROMAN	A.	Letter Carrier	Guagua PO
333	SIVILA	RENANTE	A.	Letter Carrier	Sinait PO
334	SIVILA	CESAR	G.	Postmaster I	Cabugao PO
335	SUPAN	RUPERTO JR.	B.	Letter Carrier	Angeles City PO
336	SYQUICO	MARISSA	M.	Postmaster II	San Carlos City PO
337	TABIOS	CIRILO	T.	Letter Carrier	Sto. Domingo PO
338	TABORDA	EDISON	B.	Postal Teller II	Urdaneta City PO
339	TADEO	MARK JAYSON	C.	Postal Teller II	Santiago PO
340	TAGORDA	HAROLD	A.	Letter Carrier	Vigan City PO
341	TAGORDA	CHRISTOPHER	A.	Letter Carrier	Vigan City PO
342	TALLADA	MYLA	D.	Postal Service Officer I	MDC
343	TIAGO	BONGSOLO	A.	Postmaster I	Area Office
344	TIPAY	ARLAN	P.	Letter Carrier	Tarlac City PO
345	TORIO	MIRIAM	D.	Letter Carrier	Dagupan City SDC
346	TORRALBA	ADONIS	B.	Senior Letter Carrier	Baguio City CPO
347	TUBAY	VIVIAN	G.	Letter Carrier	San Fernando City PO
348	TUBIL	REYNALDO	N.	Letter Carrier	Candaba PO
349	TULLAO	SAMUEL	T.	Letter Carrier	San Quintin PO
350	TUMLOS	ROGER	M.	Chief Postal Service Officer	SSD
351	VALDEZ	LUZVIMINDA	M.	Human Resource Development Officer V	Area Office
352	VALETE	GERARDO	S.	Letter Carrier	Tarlac City PO
353	VALLO	JOANA	D.	Postmaster I	Baguio City CPO
354	VENUS	MARILOU	L.	Postal Teller II	Baguio City CPO
355	VENUS	JUANITO JOHERM	C.	Letter Carrier	Baguio City CPO
356	VERZOSA	EVANGELINE	P.	Mail Sorter	Vigan City PO
357	VILLANUEVA	RICHARD	G.	Letter Carrier	Rosario PO
358	VITUG	LUDIVINA	S.	Postal Teller II	Guagua PO
359	VITUG	ROSS	Z.	Letter Carrier	Sta. Rita PO
360	WAJE	ROGELIO	S.	Postal Service Officer I	Magalang PO
361	ZUNIGA	ESTRELLA	G.	Mail Sorter	Angeles City PO
AREA 3-MEGA MANILA					
362	ABUEVA	ARLYN	P.	Supervising Postal Service Officer	OAD
363	ACOSTA	JOSEFINA	C.	Letter Carrier	Las Piñas CPO
364	ACUAR	REYNALDO	M.	Senior Letter Carrier	Mandaluyong CPO
365	ANGELES	MARY ANN	L.	Postmaster III	Valenzuela CPO
366	AQUINO	VILMA	O.	Letter Carrier	Cainta PO
367	AQUINO	LAURO JR.	S.	Letter Carrier	Cainta PO
368	ATIENZA	JOCEL	MI.	Clerk III	Makati City CPO
369	BAGADIONG	VILMA	A.	Letter Carrier	Las Piñas CPO
370	BARUELO	JOSEPHINE	P.	Senior Letter Carrier	Parañaque CPO

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371	BINUYA	MARIBETH	L.	Letter Carrier	SM Valenzuela Ext. PO
372	BOTER	SHIELA	J.	Postal Teller I	La Loma PO
373	CALARA	MICHAEL JOSEPH	W.	Letter Carrier	Paombong PO
374	CAMACHO	MARK KENNETH	S.	Letter Carrier	Cainta PO
375	CELIS	JOSEPH	D.	Letter Carrier	Mayamot PO
376	CENDANA	MARITES TERESA		Senior Letter Carrier	Parañaque CPO
377	CHAN	SHARON	S.		ADFIN Division
378	CHEUNG	JOSE	T.	Senior Letter Carrier	Malabon PO
379	CRUZ	DAISY LU	A.	Clerk III	Brgy. Vet Vill. PO
380	CUIZON	SALVADOR JR.	L.	Letter Carrier	Cainta PO
381	CUSTARDO	DIONISIO	A.	Letter Carrier	Manggahan PO
382	DACACA	LEONIDA	W.	Accountant IV	ADFIN Division
383	DAHUNAN	ETHEL	C.	Senior Letter Carrier	Makati City CPO
384	DALDE	FRANCISCO	MI.	Senior Letter Carrier	Parañaque CPO
385	DE GUZMAN	GERRY	I.	Postmaster III	OAD
386	DE JESUS	RONALD	C.	Postmaster II	Pasay CPO
387	DELIZO	RUDY	G.	Letter Carrier	Taytay PO
388	DELOS SANTOS	DEMETRIO	J.	Senior Letter Carrier	Pasay CPO
389	DIAZ	BILLY	B.	Senior Letter Carrier	Muntinlupa CPO
390	DIOQUINO	JOEL	E.	Senior Letter Carrier	Parañaque CPO
391	DISAMBURUM	OLGA	C.	Postal Service Officer I	Valenzuela CPO
392	DUCAY	EMERSON	V.	Letter Carrier	Taytay PO
393	ENTRAMPAS	ROLANDO	M.	Senior Letter Carrier	Pasay CPO
394	ESTILLERO	ARNULFO	E.	Postal Service Assistant	Pasay CPO
395	FRANCISCO	RODELIO	T.	Senior Letter Carrier	Mandaluyong CPO
396	GUINOCOR	LEONORITO SR.	S.	Senior Letter Carrier	Las Piñas CPO
397	IBARDALOZA	LOUIE	V.	Letter Carrier	Hagonoy PO
398	KUAN	NOEL	J.	Senior Letter Carrier	Las Piñas CPO
399	LAMANILAO	MARLON	S.	Letter Carrier	Taytay PO
400	LOPEZ	TEODORO	F.	Letter Carrier	Valenzuela CPO
401	LORESCA	MA PERPETUA	F.	Senior Letter Carrier	Las Piñas CPO
402	MAALIHAN	NIELA	M.	Senior Letter Carrier	Mandaluyong CPO
403	MADRONA	ZANDRO	MI	Letter Carrier	Taytay PO
404	MALLEN	JEREMY	F.	Letter Carrier	Cainta PO
405	MARTIN	LUTHER	P.	Postal Teller II	Paso de Blas Ext. PO
406	MATIAS	RICARDO	F.	Senior Letter Carrier	Valenzuela CPO
407	MEJICA	ROBERT	O.	Senior Letter Carrier	Parañaque CPO
408	MIRAS	MAUREEN	B.	Letter Carrier	Taytay PO
409	NAVARRO	RYAN	D.	Letter Carrier	Hagonoy PO
410	NITRO	BETHOVEN	H.	Senior Letter Carrier	Pasay CPO

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411	PABLICO	ALBERT	P.	Letter Carrier	Las Piñas CPO
412	PAJIGAL	ELLEN	B.	Postal Teller I	Valenzuela CPO
413	RENDON	CLAUDIO III	C.	Senior Letter Carrier	Muntinlupa CPO
414	ROLDAN	EMMANUELA RAYMUNDA	A.	Senior Letter Carrier	Polo Ext. PO
415	SALAMAT	RUFINO	A.	Senior Letter Carrier	Pasay CPO
416	SALDO	JOEL	P.	Senior Letter Carrier	Muntinlupa CPO
417	SANTIAGO	JOSEPH	E.	Supervising Postal Service Officer	ADFIN Division
418	SANTOS	RODSAN	R.	Senior Letter Carrier	Valenzuela CPO
419	SERRANO	CARLOS	Y.	Postmaster I	Mayamot PO
420	TABARES	CECILIA	T.	Postmaster VII	SSD
421	TAMPIOC	CHARLYN	S.	Postal Service Officer I	Makati City CPO
422	TOMINEZ	FERDINAND	O.	Letter Carrier	Pasay CPO
423	TRINIDAD	ANGELITA	S.	Postal Service Officer I	Valenzuela CPO
424	VIRTUDAZO	JEANNY	F.	Letter Carrier	Las Piñas CPO
AREA 4-SOUTHERN LUZON					
425	AALA	RESHAMAINE	M.	Postmaster I	Lemery PO
426	AFRICA	OLIVER	B.	Postmaster II	Nasugbu PO
427	AGUILAR	SWEET	M.	Postmaster I	Taal PO
428	ALERA	JOCELYN	F.	Postal Teller I	Area Office
429	ALFON	REAGAN	R.	Letter Carrier	Pili PO
430	ALMANZA	MA. SHERRYL	D.	Financial Claims Examiner I	ADFIN Division
431	ALMARIO	CLAIRE	C.	Accountant III	ADFIN Division
432	APIN	MARK ANTHONY	DC.	Postmaster I	Libmanan PO
433	ARABIT	MA. LOURRAINE	J.	Cash Clerk III	ADFIN Division
434	ARCIGA	MA. THERESA	B.	Letter Carrier	Mailipot PO
435	BAGADIONG	AGATON JR	M.	Driver Courier II	Virac PO
436	BALIZA	CESAR	B.	Cashier III	Legazpi City CPO
437	BELARMINO	RUBEN, JR.	S.	Senior Letter Carrier	San Pablo CPO
438	BELLEN	LIGAYA	G.	Postal Teller II	Albay Capitol PO
439	BINAY	MARIE SHERLYN	F.	Postal Service Assistant I	Area Office
440	BOHOLANO	ERNESTO	B.	Driver Courier II	Legazpi City SDC
441	CATAPANG	AVA MAY	A.	Postmaster I	Roxas PO
442	CHAVEZ	RHEA	M.	Financial Claims Examiner I	ADFIN Division
443	CHUMACERA	JOSEPH MARIA	R.	Records Officer I	Area Office
444	DELA CRUZ	JAN CARLOS	DG.	Senior Mail Sorter	Area Office
445	DELA CUEVA	MAILENE	G.	Accounting Clerk III	ADFIN Division
446	DICHOSO	LOLITA	M.	Postmaster I	Goa PO
447	DINO	JUDITH	E.	Postal Service Officer II	Area Office
448	ENRIQUEZ	JAIME JR	G.	Postal Service Officer II	Area Office

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449	ESGUERRA	REMELYN	R.	Mail Sorter	Quezon Capitol PO
450	ESPELA	MARSOLITO	A.	Letter Carrier	Biñan PO
451	ESPIRITU	ANSELMO, JR.	S.	Postal Service Officer I	Area Office
452	FELIX	JOEL	M.	Postmaster I	Pasacao PO
453	GODISAN	GENER RAYMUND	D.	Supply Officer II	Legazpi CPO
454	ICASIAM	RONALD	C.	Letter Carrier	Calamba PO
455	ILANO	EBRAHEM	O.	Letter Carrier	San Pedro PO
456	JAVIER	ROMMEL	DM.	Letter Carrier	Sta. Rosa PO
457	JUNIO	FAYE	F.	Postal Teller I	Cuenca PO
458	LANDICHO	RICHELLE	O.	Senior Mail Sorter	Area Office
459	LOPEZ	ROY	A.	Information Technology Officer I	MIS
460	MACANDILE	ARVIN	M.	Accountant V	ADFIN Division
461	MATIBAG	CLAIRE	C.	Postal Service Officer I	Area Office
462	MENDIOLA	JOEL ANDRE	E.	Driver Courier II	Cabuyao PO
463	MERLE	RONALD	P.	Letter Carrier	Pagbilao PO
464	NUZA	MA. REGINNA	L.	Postal Teller I	Area Office
465	PALILLO	REINALYN	Z.	Postmaster II	Gumaca PO
466	PALMA	DARRYL JOSEPH	R.	Senior Mail Sorter	Area Office
467	PUTUNGAN	JOBELLE	P.	Accounting Clerk III	ADFIN Division
468	RABANO	CHARLENE	P.	Postal Teller I	Pagbilao PO
469	REYES	NORIEL	DA.	Postal Service Assistant I	Area Office
470	SAVEDIA	EMMANUEL	L.	Postmaster II	Quezon Capitol PO
471	VILLAPANDO	ALAIN RODERICK	A.	Budget Officer III	ADFIN Division
AREA 5-CENTRAL AND EASTERN VISAYAS					
472	ABELLANA	JUNBEL	B.	Postmaster I	Balamban PO
473	ANGEL	ROGELIO JR.	G.	Postmaster I	Tuburan PO
474	ARTIGA	ZYRIL JAY	A.	Postmaster I	Llorente PO
475	BAGASINA	STANLEY	M.	Postmaster I	Biliran PO
476	BALBES	SYBIL	T.	Postmaster I	San Fernando PO
477	BARGAMENTO	CHARISSA	D.	Cash Clerk III	ADFIN Division
478	BONIAO	REY	B.	Postmaster I	Toledo City PO
479	BOOK	SHELLA MARIE	J.	Postmaster I	Carmen PO
480	CATIVO	MARK JASON	F.	Postmaster I	Jaro PO
481	CIMAFRANCA	JANE ERICA	M.	Postmaster I	Cebu CityCPO
482	CORPEZ	RICSTE	L.	Postmaster I	Hilongos PO
483	DAGONGDONG	ARTURO JR.	A.	Postmaster I	Hinundayan PO
484	DALUMPINES	DARREL	L.	Postmaster II	Bogo PO
485	DAMOS	YOLANDA	U.	Senior Mail Sorter	ADFIN Division
486	DAMOS	EFRIN	S.	Postal Service Officer I	Mandaue CPO
487	DANGO	REYNALDO	D.	Postmaster I	Balilihan PO
488	DANO	CHRISTOPHER	Y.	Postmaster I	Carmen PO

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489	DEJETO	DANILO	E.	Postmaster II	Talamban PO
490	DELA TORRE	PORFERIO	P.	Administrative Officer III	Mandaue CPO
491	DELFIN	DARLENE	A.	Postmaster I	Palo PO
492	DIACAMUS	BRYAN	A.	Postmaster I	Naga PO
493	DUCRAO	ORLANDO JR.	F.	Postmaster I	Talibon PO
494	ECHAGUE	ALDRICH	G.	Postmaster I	Oras PO
495	EDULAN	SAMUEL	C.	Postmaster II	Sogod PO
496	ERAZO	ANALYN	P.	Postmaster I	Taft PO
497	FLORES	DOUGLAS JR.	A.	Postmaster I	VISCA Ext. PO
498	GABLINES	MA. ROLINDA	J.	Postmaster I	Loon PO
499	GORNEZ	MARY KHARL	A.	Accounting Clerk III	ADFIN Division
500	IDA	REMBERT	M.	Postmaster I	Balangiga PO
501	LADEZA	CECILE	A.	Postmaster I	GSIS PO
502	MAGNO	ARTHUR	G.	Supply Officer II	ADFIN Division
503	MANTILLO	LUISITO	C.	Postmaster I	Guindulman PO
504	MARTINEZ	JOOJIE	P.	Postmaster II	SSD
505	MINION	NARCISA	R.	Postal Service Officer I	Tagbilaran SDC
506	NARISMA	MARK JONNREY	O.	Postmaster I	Panglao PO
507	PABROA	GINA	R.	Postmaster I	Tubigon PO
508	PADUA	JUVELYN	N.	Postal Teller I	ADFIN Division
509	PIQUERO	EDWIN	P.	Postmaster I	Candijay PO
510	PIZAÑA	BERNARD	P.	Postmaster I	Ubay PO
511	PLABA	LIZA	A.	Postmaster I	Guiuan PO
512	ROJAS	DELNETTE	T.	Postmaster I	Isabel PO
513	ROJAS	RAUL	P.	Postmaster I	Palompon PO
514	SABELLANO	ROGELIO	B.	Postal Service Officer II	Cebu City CPO
515	SALIMBOT	SHARON	M.	Postal Teller I	Camp Sergio Osmeña PO
516	SARARAÑA	JOINAH CONCESA	M.	Postmaster I	Argao PO
517	TEVES	ROXANNE	B.	Postmaster I	Valencia Ext. PO
518	TUMAMAK	JONALYN	B.	Postmaster I	Baybay PO
519	VILLALON	MAE	B.	Postal Teller II	Park Mall PO
520	VILLASAN	BRENDA	G.	Postmaster II	Minglanilla PO
521	VILLETA	JOMAR	L.	Clerk III	ADFIN Division
522	VOCES	JOSEPHINE	E.	Postmaster I	Borongan SDC
AREA 6-WESTERN VISAYAS					
523	ASUNCION	DONABEL	A.	Department Manager III	OAD
524	OJACASTRO	MICHAEL	A.	Driver Courier II	MDC
525	ALELIGAY	MICHAEL	A.	Letter Carrier	Iloilo City PO
526	BABARAN	RICHARD	A.	Letter Carrier	Sta. Barbara PO
527	PABRIAGA	EDUARDO SR	A.	Postmaster I	Sara PO
528	PORAL	MELCHOR	A.	Postmaster I	Pavia PO
529	LUMABIT	ROILAN	A.	Postal Service Assistant I	MDC
530	SOMES	NOEL	A.	Postal Service Officer II	OAD

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531	ILEJAY	OTHMAR	B.	Letter Carrier	Iloilo City PO
532	ARAOLA	REYNALDO	B.	Mail Sorter	MDC
533	CAPANAS	EDWIN	B.	Postmaster I	Estancia PO
534	DAZO	MA. ANABELLE	C.	Information Officer I	SSD
535	ASPA	JOEMAR	C.	Letter Carrier	Iloilo City PO
536	CORDOVA	JOSE GILBERT	C.	Letter Carrier	Iloilo City PO
537	MINERVA	ROSEWIL	C.	Letter Carrier	Oton PO
538	BENJAMIN	CATHERINE	C.	Postal Teller I	Iloilo Hall of Justice PO
539	VILLAVECENCIO	BEN	C.	Senior Mail Sorter	MDC
540	ESPAÑO	MARIA CRISTINA	C.	Statistician III	SSD
541	DE LA VIÑA	CIRENE JOY	D.	Contractual Accountant	ADFIN Division
542	BALTAZAR	ANTHONY	D.	Letter Carrier	Dumangas PO
543	CASTAÑARES	ROY	D.	Letter Carrier	Iloilo City PO
544	DELA CUEVA	ROMEO JR.	D.	Letter Carrier	Iloilo City PO
545	HOFILEÑA	LEO JUN	D.	Postal Teller I	Barotac Viejo PO
546	DUTING	JELYN	D.	Postal Teller III	Dumangas PO
547	CORNELIA	JOEL	D.	Postmaster I	Janiuay PO
548	TABHAN	NIÑO	E.	Letter Carrier	Iloilo City PO
549	PAREN	ARLEIN	F.	Letter Carrier	Calinog PO
550	GA-AN	ADONIS	F.	Letter Carrier	Iloilo City PO
551	GLUMALID	ANTHONY JUNE	G.	Cash Clerk III	ADFIN Division
552	GARBOSA	ENETORIO JR.	G.	Driver Courier II	MDC
553	LISTANO	IAN GLENN	G.	Letter Carrier	Lemery PO
554	GEGRIMAL	ZALDY	G.	Letter Carrier	Guimbal PO
555	FERRER	GLENN	G.	Letter Carrier	Iloilo City PO
556	LEGO	JOYCE ANN	H.	Contractual Accountant	ADFIN Division
557	BAÑAS	NOLI	H.	Letter Carrier	Balasan PO
558	JAMERA	JOCEL	H.	Letter Carrier	Iloilo City PO
559	BALATAYO	REYMON	J.	Postmaster I	Leon PO
560	LAGRANA	JM	L.	Driver Courier II	MDC
561	GEFES	MARK FRANCIS	L.	Letter Carrier	Iloilo City PO
562	MANDADERO	RODEL	L.	Letter Carrier	Lambunao PO
563	DELA CRUZ	FELICIA SHERRY	L.	Postal Teller I	Iloilo City PO
564	GRANZO	JOSE MARIE	L.	Postal Service Officer II	OAD
565	BALASA	BARRY	M.	Administrative Officer III	ADFIN Division
566	CLARITO	MICHAEL	M.	Letter Carrier	Cabatuan PO
567	SILLOREQUEZ	LARRY	M.	Letter Carrier	Sta. Barbara PO
568	PATALEN	NOEMI	M.	Postmaster I	ADFIN Division
569	TONETE	VIRGILIO	M.	Postmaster II	Iloilo City PO
570	MAMON	ROLLY	M.	Postmaster VI	SSD
571	DEZA	FE NAHEANEE	P.	Accountant III	ADFIN Division
572	PEDREGOSA	GERRY	P.	Letter Carrier	Pototan PO
573	DACUNO	GED	P.	Letter Carrier	Estancia PO
574	LLORENTE	GILBERT	P.	Letter Carrier	Iloilo City PO

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575	HOJILLA	GORGONIO JR.	P.	Postmaster II	OAD
576	ALAVE	PHILIP BRYAN	Q.	Driver Courier II	Pototan PO
577	GAYO	DAISY MAE	R.	Contractual Financial Analyst I	ADFIN Division
578	PRADO	RENAN	R.	Letter Carrier	Iloilo City PO
579	ARSENAL	JIMMY	S.	Letter Carrier	Iloilo City PO
580	VELEZ	ANTHONY	S.	Letter Carrier	Iloilo City PO
581	SALARDA	GERRY	S.	Letter Carrier	Iloilo City PO
582	EJERCITO	ROMMEL	S.	Letter Carrier	Iloilo City PO
583	PATALEN	ROEL	S.	Letter Carrier	Iloilo City PO
584	FALSIS	IAN JAY	S.	Mechanic III	MDC
585	AQUINO	DOROTHY MAE	S.	Postal Teller I	Iloilo City PO
586	GADAYAN	GEORGINA	S.	Postmaster I	Calinog PO
587	FERRER	MYRA	S.	Senior Mail Sorter	MDC
588	HUYATID	EDWIN	T.	Driver Courier II	MDC
589	SOLEÑO	HILBERT	T.	Letter Carrier	Pototan PO
590	TIDULA	JESSIE	T.	Letter Carrier	Tigbauan PO
591	SORONGON	REYNA LYN	T.	Postal Teller I	Iloilo City PO
592	TANILON	REYNANTE	T.	Postmaster I	Miagao PO
593	VILLANUEVA	JONY	T.	Postal Service Officer II	MDC
594	DEOCAMPO	EDGARDO JR.	V.	Driver Courier II	Iloilo City PO
595	ESTRADA	MELVIN PAUL	V.	Letter Carrier	Sta. Barbara PO
596	SUPETTRAN	ROUEME GERTRUDE	Y.	Driver Courier II	MIS
597	TONOGBANUA	MARLON	Z.	Letter Carrier	Alimodian PO
AREA 7-EASTERN MINDANAO					
598	BANUA	DANILO	B.	Senior Mail Sorter	Davao City CPO
599	BARRO	SHYRA JANE	B.	Postal Teller I	OAD
600	BASILAN	DENIS	N.	Letter Carrier	Tagum City PO
601	BOCTOTO	RUBY-ANN	D.	Postmaster I	Tagum City PO
602	CABILLAR	KIT	C.	Postmaster I	Digos City PO
603	CHOY	JOHN MERVIN	H.	Letter Carrier	General Santos City PO
604	CONCEPCION	BRUCE	S.	Department Manager III	SSD
605	CONEJOS	JEFFRY	B.	Letter Carrier	Davao City CPO
606	CUARENTA	JASON	F.	Letter Carrier	Davao City CPO
607	DINSAY	JABEZ	R.	Letter Carrier	Kidapawan PO
608	DOMINGO	CHUCKIE	J.	Driver Courier II	MDC
609	FANGO	REYNALDO	M.	Letter Carrier	Pantukan PO
610	HAYAG	IRISH MAE	B.	Mail Sorter	HRMS
611	HEY	ARNOLD	M.	Postmaster III	Kidapawan PO
612	JUAN	ODESSA	L.	Letter Carrier	Tacurong City PO
613	JUSAY	CHARLIE	P.	Driver Courier II	MDC
614	KASLANI	RIZALIN	L.	Postal Teller II	Calinan PO
615	KILCULLEN	JAMES CHARLES	C.	Mail Sorter	MDC
616	LAO	FARIDA PIA	C.	Postal Service Assistant I	MDC
617	LILAGAN	GESTONI	C.	Letter Carrier	Koronadal City PO

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

617	LILAGAN	GESTONI	C.	Letter Carrier	Koronadal City PO
618	LUMABAO	DICKSON	S.	Statistician III	SSD
619	MAGDALA	RICO	A.	Letter Carrier	General Santos City PO
620	MAHILUM	WHELNARD	B.	Letter Carrier	Davao City CPO
621	MAMOGAY	BRIAN	B.	Letter Carrier	Samal PO
622	MUTIA	ROLLIE	Q.	Letter Carrier	Tagum City PO
623	OLAGUER	WILSON	R.	Letter Carrier	Digos City PO
624	PLATA	ALEXANDER	T.	Clerk III	GSS
625	RAMOJAL	HAZEL MAE	V.	Clerk III	HRMS
626	SANTOS	JEASAN	J.	Senior Postal Service Officer	ADFIN Division
627	SOLAR	ROBERTO JR.	A.	Letter Carrier	Cotabato City PO
628	SOLIS	RICKY	C.	Letter Carrier	Kapalong PO
629	TANQUE	DIOMEDES	N.	Letter Carrier	Davao City CPO
630	TAYABAS	FREDDIE	S.	Letter Carrier	Toril PO
631	TELOMPROS	NELSON	D.	Letter Carrier	Lupon PO
632	VILLANUEVA	ARMANDO	O.	Postal Teller II	Davao City CPO
633	YUSOP	LYDIA	K.	Postal Teller II	Cotabato City PO
AREA 8-CENTRAL MINDANAO					
634	AROBERO	APIPA	M.	Postmaster I	Balo-I PO
635	CAIN	JOSEPHINE	C.	Postal Teller I	Cagayan University PO
636	CARLEM	MELVYN	B.	Postmaster I	Libona PO
637	CASAN	SITTIE HEJARAH	M.	Postal Teller I	Marawi City PO
638	DAILO	JIM	Q.	Postmaster I	Jasaan PO
639	DUMAPIAS	ROSFA	S.	Senior Mail Sorter	Area Office
640	FEBRIO	FELYN	C.	Supply Officer II	Area Office
641	FIJO	MILAGROS	T.	Postal Teller I	Surigao City PO
642	GERMATA	ROMELA	V.	Postal Teller I	Butuan City PO
643	GETUBIG	ROBERT JOHN	C.	Postal Teller I	San Francisco PO
644	GORRES	GLENN RUFO	M.	Driver Courier II	Area Office
645	IGNALIG	WILSON	A.	Postmaster I	Sison PO
646	IPANAG	DANNY	A.	Postmaster I	Manolo Fortich PO
647	JAÑOZO	MARGARITA	L.	Mail Sorter	Butuan City PO
648	LACRE	JUVY LOVE	L.	Postal Teller I	Gingog City
649	LADERA	EDWIN	G.	Postmaster I	Mambajao PO
650	LUMANTAS	MADELON NANETTE	C.	Letter Carrier	Area Office
651	MACADATO	RACMAN	Y.	Driver Courier II	Marawi City PO
652	MALUNAY	GLENDA	U.	Postal Teller II	Butuan City PO
653	MAMA	NORAUNA	D.	Postal Teller II	Iligan City PO
654	MANALOCON	ALEXANDER	N.	Driver Courier II	Manticao PO
655	MATUAN	INORAY	B.	Mail Sorter	Tamparan PO
656	NADUMA	LEONER	L.	Driver Courier II	Mambajao PO
657	PALADAR	ROZIELMAR	R.	Postmaster I	San Francisco PO
658	PINILI	ADORA	V.	Postal Teller I	GSIS CDO PO

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

659	PONGGO	ARCEL JEAN	P.	Postal Teller I	Butuan City PO
660	PONTIPEDRA	AIMEE JU	J.	Financial Analyst I	Area Office
661	RADIAMODA	MAIMONA	C.	Mail Sorter	Iligan City PO
662	SISTONA	ELMER	M.	Letter Carrier	Cabadbara PO
663	TABLANDO	LORENCE	P.	Driver Courier II	Area Office
664	TANGGOLMAN	ABULKHAYR	M.	Postal Service Officer II	Iligan City PO
AREA 9-WESTERN MINDANAO					
665	AGUILAR	ROMEO	M.	Letter Carrier	Zamboanga CPO
666	AJON	RICHARD	S.	Driver Courier II	MTS
667	ALEJANDRO	EROLYN	M.	Driver Courier II	MTS
668	APARECE	VIDAL JR.	V.	Letter Carrier	Ipil PO
669	BARBASO	MANFRED ANTONIO	M.	Letter Carrier	Dipolog City PO
670	BENDANILLO	ARLENE	O.	Accountant V	ADFIN Division
671	BERIONG	JICKREY	S.	Driver Courier II	Pagadian City PO
672	BERNANTE	ANA MARIA	A.	Postal Service Assistant	Pagadian City PO
673	BIRI	DAISY	H.	Postmaster VI	SSD
674	BIZON	ARTHUR	E.	Letter Carrier	Zamboanga CPO
675	CABURAL	MARIA CELSA	Q.	Postal Teller I	Molave PO
676	CADER	ROWENA	S.	Clerk III	ADFIN Division
677	CALUBAN	AL GENE	M.	Letter Carrier	Ozamiz City PO
678	CASIMIRO	APRIL JOY	J.	Mail Sorter	Zamboanga CPO
679	CRUZ	JOSEPH	S.	Driver Courier II	MTS
680	CUANAN	ARTCHIEL REY	M.	Contractual- Accountant II	ADFIN Division
681	DAPITAN	JOEY	Y.	Letter Carrier	Ozamiz City PO
682	DAWIS	MAXIMO	A.	Letter Carrier	Ozamiz City PO
683	ELLO	JOELYN	C.	Mail Sorter	Dipolog City PO
684	EMPALMADO	ROGER	L.	Letter Carrier	Dumalinao PO
685	ENRIQUEZ	ROEL	A.	Letter Carrier	Zamboanga CPO
686	FACIOL	MOISES	L.	Contractual- Mechanic III	MTS
687	FACIOL	ANAVIL	V.	Postal Service Officer II	ADFIN Division
688	GAGARACRUZ	FE	S.	Postmaster I	Isabela City PO
689	GARRUCHO	MARY ANN	E.	Mail Sorter	Pagadian City PO
690	HERNANDEZ	LUCIANO III	O.	Postal Service Officer I	MDC
691	HIRAYAT	NURMIDA	S.	Mail Sorter	Zamboanga CPO
692	ISMAEL	JIMLAN	D.	Letter Carrier	Zamboanga CPO
693	JAMAIL	RAIYAN	A.	Letter Carrier	Zamboanga CPO
694	JOCSON	CATHERINE ROSE	A.	Mail Sorter	Ozamiz City PO
695	LAM	DEXTER	R.	Driver Courier II	MTS
696	LAMOSAS	FLORO JR.	M.	Senior Letter Carrier	Zamboanga CPO
697	LAMOSAS	MARIA DULCE CORAZON	S.	Postal Service Officer I	MDC
698	LIBETARIO	LEONARDO JR.	V.	Driver Courier II	Ozamiz City PO
699	LIBONGAN	HAMDAN	A.	Postmaster I	SSD
700	LIGUTOM	LILIBETH	Y.	Mail Sorter	Zamboanga CPO
701	LISBOS	ADELINA	E.	Postal Service Officer I	Dipolog City PO

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

List of Officers and Employees for the PM session only on 31 July 2025, 1:00 PM to 5:00 PM:

CENTRAL OFFICE					
730	ARANDELA	EUJENE	L.	Mechanic II	NTD
731	ADVINCULA	RODOLFO	M.	Driver Courier II	NTD
732	CAGALINGAN	JAIME	M.	Records Officer III	GSD
733	SANTIAGO	JUSTINE CHRISTIAN	G.	Senior PSO	MTS, Central Office
AREA 1-NORTHEAST LUZON					
734	ACCAD	MARCOS	G.	Driver Courier II	MTS
735	AGAGON	EFREN	D.	Letter Carrier	Tabuk City PO
736	ANCHETA	PATRICK BONG	M.	Letter Carrier	Cauayan PO
737	ANTIDO	DANILO	C.	Driver Courier II	MTS
738	ATABAY	JAMAICAH	D.	Postal Teller I	Tuao PO
739	BAGUIO	ELPIDIO	P.	Postmaster I	Llanera PO
740	BANDIWAN	GLENDA	S.	Postal Teller I	Bulanao PO
741	BARROGA	GREG	O.	Letter Carrier	Santiago City PO
742	BAYAUA	RAMON	E.	Letter Carrier	Santiago City PO
743	BELTRAN	CHRISTOPHER		Driver Courier II	Bayombong SDC
744	BIRCO	REONEL		Letter Carrier	Bayombong SDC
745	BOGWANA	JENIFER	V.	Letter Carrier	Tabuk City PO
746	BUHHAY	NESTOR	N.	Postmaster I	Banaue PO
747	BURAGA	JACKSON	F.	Letter Carrier	Alicia PO
748	CABARUAN	JOSEPH	D.	Letter Carrier	Tuguegarao CPO
749	CALIGUIRAN	MAC GELLO	M.	Postmaster I	Aparri PO
750	CALLUENG	ANTIPOLO	B.	Mail Sorter	Tuguegarao SDC
751	CAMACAM	JONATHAN	E.	Postmaster I	Cordon/Diffun PO
752	CAMPUS	DONABELLE	S.	Postmaster I	Reina Mercedes PO
753	CARABBACAN	GEMMA	Q.	Letter Carrier	Luna PO
754	CARDENAS	MATEA	M.	Postal Service Officer II	OAD
755	CASTRO	RUFINO JR.	D.	Postmaster I	Talavera PO
756	CATACUTAN	ARNOLD	L.	Letter Carrier	Cabanatuan PO
757	CATULIN	RAFFY	A.	Letter Carrier	Tuguegarao CPO
758	CAUILAN	KEVIN	S.	Financial Analyst I	ADFIN Division
759	CHUBONG	ELISA	A.	Senior Mail Sorter	Tuguegarao SDC
760	CUARTEROS	EDITHA	A.	Postal Teller II	Tuguegarao CPO
761	CUARTEROS	CRISANTO	A.	Senior Letter Carrier	Tabuk City PO
762	CURITANA	JOSE MENZU	M.	Letter Carrier	Casiguran PO
763	DAYSON	MARCIANA	V.	Postmaster I	San Leonardo PO
764	DE GUZMAN	JOSE	D.	Letter Carrier	Palayan City PO
765	DE JESUS	LIBRADO JR.	C.	Postal Service Assistant I	Cabanatuan SDC
766	DE LEON	JOHN	S.	Letter Carrier	San Leonardo PO
767	DELA CRUZ	JUPERT	F.	Letter Carrier	Ballesteros PO
768	DIZA	CIELITO	B.	Accountant V	Area 1 ADFIN Division
769	DOMINGO	JOHN	S.	Letter Carrier	Gen. Tinio PO
770	DOMINGO	RUBYLYN	S.	Postmaster I	Rizal PO

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

771	DUMLAO	JINKY JOY	M.	Financial Analyst I	ADFIN Division
772	FABITO	ALBERT JR.	L.	Letter Carrier	Cabanatuan PO
773	GALANG	PAULA BLANCA		Letter Carrier	Aritao PO
774	GALICIA	ANTONIO	M.	Postmaster I	San Isidro PO
775	GATUS	PONCIANO	V.	Letter Carrier	Muños PO
776	GEBONGA	JACINTA	R.	Senior Mail Sorter	Tuguegarao SDC
777	GONZALES	ENRICO	E.	Letter Carrier	Zaragoza PO
778	GUADILLA	MARILYN	C.	Letter Carrier	Baler PO
779	GUMANGAN	MA. LUISA	N.	Clerk III	ADFIN Division
780	JACINTO	JOVEN JR.	L.	Letter Carrier	Tumauini PO
781	JAGON	MILAGROS	A.	Postmaster I	Solano PO
782	JAVIER	ALEX	M.	Letter Carrier	Guimba PO
783	JOAQUIN	RUBY	M.	Mail Sorter	Cabanatuan SDC
784	KAIBIGAN	MARLON	R.	Postmaster I	Sta. Rosa PO
785	LAITAN	CONNIE	D.	Postmaster II	Guimba PO
786	LANA	ANGELO	A.	Letter Carrier	PIAT PO
787	LIM	MA. REYNA	L.	Supply Officer II	ADFIN Division
788	LISING	JOEY	M.	Letter Carrier	San Antonio PO
789	MACARILAY	IVY	V.	Postal Teller I	Poples's Gym PO
790	MACASPAC	ART CHRISTIAN	D.	Information Technology Officer I	OAD
791	MACASPAC	GERSON	F.	Letter Carrier	Lasam PO
792	MALABED	JOHNEL	C.	Letter Carrier	Gonzaga PO
793	MALANA	MICHAELO	T.	Postal Service Officer II	OAD
794	MALLILLIN	REYMUNDO	M.	Letter Carrier	San Pablo PO
795	MALUBAG	GERALD	S.	Letter Carrier	Cabatuan PO
796	MAMATLALO	JESSA	A.	Postal Teller I	Cabanatuan PO
797	MANGABAT	FELIPE III	N.	Letter Carrier	Nampicuan PO
798	MANGULAB	VIRICEL	Z.	Postal Service Officer I	Tuguegarao CPO
799	MANUEL	DIGNA	G.	Postal Teller I	Talavera PO
800	MARTINEZ	JOEL	M.	Letter Carrier	Sanchez Mira PO
801	MATEO	ARSENIO	B.	Postmaster V	Cabanatuan PO
802	MIRANDA	VINCENT	C.	Letter Carrier	Cabiao PO
803	MULI	ROSENDO	C.	Postmaster I	Lucban PO
804	NAGUIMBING	FERNANDO	D.	Letter Carrier	Mallig PO
805	NARAG	LILET	P.	Postmaster I	San Jose Baggao PO
806	NAVAL	ANNA KARMINA	M.	Postmaster I	ADFIN Division
807	NIEVES	EMMANUEL		Postmaster I	Bagabag PO
808	OLAER	MA. NICOLE	R.	Postmaster I	Camalaniugan PO
809	ONG	FREDERICK	D.	Letter Carrier	CLSU PO
810	PABLO	JEMALEEN	M.	Accountant III	ADFIN Division
811	PAGULAYAN	MARY ROSE	S.	Senior Mail Sorter	Tuguegarao SDC
812	PAGUNURAN	NILDA	M.	Senior Mail Sorter	Tuguegarao SDC
813	PALOGAN	ANGELO CARLO	D.	Letter Carrier	Ilagan City PO
814	PANGAN	SHIRLEY	J.	Mail Sorter	Gapan City PO
815	PATACSIL	CAREN	P.	Postal Teller I	Sci. City of Muñoz PO
816	PAULINO	JOEY	M.	Mechanic III	MTS
817	PERALTA	RODRIGO	V.	Letter Carrier	Ramon PO
818	PERLAS	ELSIE	S.	Clerk III	Tuguegarao SDC

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

819	PLAMENCO	CHRISTOPHER	C.	Letter Carrier	Gapan City PO
820	QUERAL	RANI JAY	Q.	Letter Carrier	Aparri PO
821	QUERIJERO	LOREN	V.	Postmaster II	Baler PO
822	QUILALA	ANGELINE	A.	Postage Stamps Custodian III	ADFIN Division
823	RAGUS	NOVA LEIGH		Postmaster I	Dupax Del Norte PO
824	RAMISCAL	LERMA	M.	Accounting Clerk III	ADFIN Division
825	RAZALAN	ADELAINE		Postmaster I	Aritao PO
826	REYES	ROI LOUIE	P.	Postal Teller I	Roxas PO
827	RUECO	REYNALDO	A.	Postal Service Officer II	MTS
828	RUECO	TEODORA	M.	Market Specialist III	OAD
829	SAGAYSAY	MELANIE		Postal Teller I	Bayombong PO
830	SALMOS	AURORA	P.	Letter Carrier	Ilagan City PO
831	SALVADOR	MADELYN	V.	Postal Teller I	Tuguegarao CPO
832	SAN JOSE	MENCHITA	Z.	Mail Sorter	Alicia PO
833	SANTIAGO	MICHAEL	B.	Postmaster I	Cabarroguis PO
834	SANTIAGO	SOLIMAN	E.	Driver Courier II	Cabanatuan SDC
835	SANTIAGO	ALBERTO	N.	Letter Carrier	Cabanatuan PO
836	SANTOS	JAICER	S.	Letter Carrier	Cabarroguis PO
837	SAVILLA	MAURICIO JR.		Letter Carrier	Bagabag PO
838	SERONDO	CHITO	B.	Driver Courier II	MTS
839	SIMANGON	RALEIGH	B.	Postmaster I	Tabuk City PO
840	TABALDO	TEODORO	T.	Letter Carrier	Allacapan PO
841	TABUA	CALIXTO JR.	C.	Driver Courier II	MTS
842	TALAY	RENIEROSE	M.	Financial Claims Examiner I	ADFIN Division
843	TAMBIO	JOHN	M.	Letter Carrier	Llanera PO
844	TANGUILAN	KAREN	B.	Postmaster I	Cabagan PO
845	TARUC	MARIO JR.	T.	Letter Carrier	Gapan City PO
846	TECSON	MARK JOSEPH	T.	Letter Carrier	Gapan City PO
847	TELAN	RICKSON	A.	Letter Carrier	Ilagan City PO
848	TIAM	RANDY		Letter Carrier	Bayombong PO
849	TUBAÑA	JOSUE	T.	Postmaster V	Cabanatuan MDC
850	TUMALIUAN	MARY JANE	C.	Human Resource Management Officer III	ADFIN Division
851	TURO	MIRASOL	S.	Cash Clerk III	ADFIN Division
852	VALDEZ	EDISON		Postmaster I	Bambang PO
853	VANA	PEDRO JR.	S.	Letter Carrier	Sta. Rosa PO
854	VENUS	RONIE	J.	Driver Courier II	MTS
855	VIERNES	ANNILEX	M.	Letter Carrier	Aurora PO
856	VILORIA	VIRGILIO		Driver Courier II	Banaue PO
857	VIZ	EDGARDO JR.	A.	Letter Carrier	Baler PO
858	YAMSON	ELMER	V.	Postmaster I	Aurora PO
859	ZARATE	BRYAN	A.	Postmaster I	Lagawe PO
AREA 2-NORTHWEST LUZON					
860	UMAYAM	GUMERSINDO JR.	B.	Security Officer IV	MDC

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

AREA 5-NORTHWEST LUZON					
861	BOTERO	Felgrace	T.	Budget Officer III	Area 5 ADFIN Division
AREA 8-NORTHWEST LUZON					
862	ALAMPAY	Wilfem	Y.	Accountant III	Area 8 ADFIN Division

RESOURCE PERSONS:

Atty. Lee P. Vical, APMG for MSS

Engr. Jeth Patrick C. Sanchez, Engineer I, GSD

FACILITATORS/SECRETARIAT

Ms. Maria Erlinda G. Vargas, Acting Manager, HRMD

Ms. Glenna M. Padilla, Acting Chief, HRDD

Ms. Emily L. Baylon, HRMO III, HRDD

Ms. Raquel G. Gonzales, HRDO III, HRDD

Mr. Brian Anthony S. Tayao, MISD

For your information and guidance.

MAXIMO C. STA. MARIA III
Acting Postmaster General and CEO

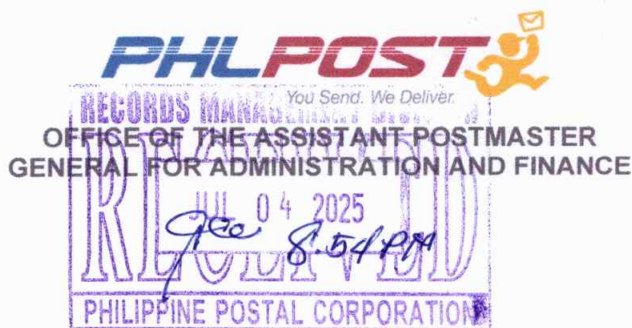
CCT/MEGV/GMP

DTS NO. : HRMD 2025-07-17

Subject : Participants in the Online 2025 Lecture on Revised Disciplinary Rules on Sexual Harassment Cases, the Safe Spaces Act, and Basic Occupational Safety and Health (BOSH) Standards for the Public Sector (Hybrid Setup)

Date : 17 July 2025

ONLINE 2025 LECTURE ON REVISED DISCIPLINARY RULES ON SEXUAL HARASSMENT CASES, THE SAFE SPACES ACT, AND BASIC OCCUPATIONAL SAFETY AND HEALTH (BOSH) FOR THE PUBLIC SECTOR (HYBRID SETUP)		
31 July 2025	PROGRAM	
Time	Activity	OPR/Facilitator
7:30 am-8:30 am	ONLINE REGISTRATION	HR/MIS Team
8:30 am-9:00 am	OPENING CEREMONY:	
	Prayer & National Anthem	HR/MIS Team
	Welcome Message from the Postmaster General & CEO	Hon. MAXIMO C. STA. MARIA III Acting Postmaster General and CEO
	Program Overview & Expectation Setting	Ms. MARIA ERLINDA G. VARGAS Acting Manager, HRMD
	(Photo Ops via Zoom)	MIS/HR Team
	LECTURE PROPER	HR/MIS Team
9:00 am-9:15 am	Pre-Test	Ms. EMILY L. BAYLON Human Resource Management Officer III
9:15 am-12:00 nn	Revised Disciplinary Rules for Sexual Harassment Cases & the Safe Spaces Act	Atty. LEE P. VICERAL APMG for Management Support Services
12:00 nn-1:00 pm	LUNCH BREAK	
1:00 pm-3:00 pm	Echo-Seminar: Basic Occupational Safety and Health (BOSH) for the Public Sector	Engr. JETH PATRICK C. SANCHEZ Engineer I, General Services Department
3:00 pm – 3:30 pm	Post Test & Program Evaluation	Ms. EMILY L. BAYLON Human Resource Management Officer III
3:30 pm-4:00 pm	COFFEE BREAK	HR Team
4:00 pm-5:00 pm	CLOSING CEREMONY	
	Closing Remarks	Atty. BENJIE S. YOTOKO APMG for Operations



MEMORANDUM

FOR : ALL CONCERNED EMPLOYEES (Central Office & Mega Manila Area)
This Corporation

SUBJECT : FREE RANDOM BLOOD SCREENING

DATE : 01 July 2025

Please be informed that the Medical Services Unit – Human Resource Management Department will conduct a Free Random Blood Sugar Screening for a maximum of 50 employees on 09 July 2025 (Wednesday), from 7:30 AM to 8:00 AM, at the Medical Services Container Van.

Participants are required to fast for at least eight (8) hours prior to the screening. All employees are encouraged to take advantage of this opportunity.

For inquiries, please contact us through our official Facebook page:
<https://www.facebook.com/phlpostmed>.

For your information and guidance.

CAROL C. TERRADO
Officer-In-Charge
Office of the Assistant Postmaster General for Administration and Finance

MEGV/GMP/ARGR/VSDL





**TO : ALL INTERESTED OFFICIALS AND EMPLOYEES
CENTRAL OFFICE & AREA 3, MEGA MANILA,
This Corporation**

**SUBJECT : CONDUCT OF FREE BREAST EXAMINATION & VISUAL INFECTION
WITH ACETIC ACID (VIA) CERVICAL CANCER SCREENING**

DATE : 10 March 2025

In celebration of the National Women's Month, the **Medical Services-Human Resource Management Department** in coordination of the **Philippine Cancer Society** will conduct a Free Cervical Screening like Visual Infection with Acetic Acid (VIA) and Breast Examination to postal employees on 17 March 2025, 9:00 AM to 3:00 PM at Medical Clinic, Liwasang Bonifacio, Lawton Manila.

Listed below are the conditions which should be observed;

1. No sexual contact the night before the procedure.
2. Both procedures to be done at least (1) week after the last day of menstruation.

All interested female employees are enjoined to avail of the above services.

For inquires, you may reach us through our official **Facebook page**:
<https://www.facebook.com/phlpostmed>.

For your information and guidance.


ATTY. LORI ANN D. ATAL
APMG for Admin and Finance


GMP / VSSDL





MEMORANDUM

TO : ALL ASSISTANT POSTMASTERS' GENERAL
THE AREA DIRECTOR, MEGA MANILA
ALL DEPARTMENT MANAGERS/DIVISION CHIEFS
ALL POSTMASTERS, MEGA
ALL EMPLOYEES
This Corporation

SUBJECT : **FLU VACCINATION PROGRAM 2025**

DATE : 22 January 2025

Ensuring the health and well-being of employees is a priority for our organization. We are pleased to announce a free flu vaccination program in partnership with the Department of Health and the City Government of Pasay. This initiative aims to protect employees against influenza, educate them about immunization and respiratory illnesses through information materials, and reduce absenteeism caused by related diseases.

Below are the program details:

WHAT: FLU Vaccination Program
WHO: PHILPost Employees Ages 18 and above
WHEN: 24 January 2025, Friday 9:00 AM to 3:00 PM
WHERE: Manila Central Post Office Annex Building

All participants will undergo **on-site screening** before receiving their vaccination. No special preparation is required beforehand.

For your information and guidance.


ATTY. LORI ANN D. ATAL
APMG for Admin and Finance


MEGV/GMP/VSSDL

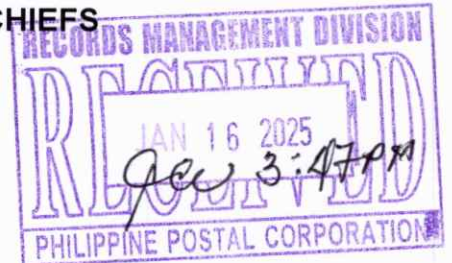


MEMORANDUM

**FOR/TO : ALL ASSISTANT POSTMASTERS' GENERAL
THE AREA DIRECTOR, MEGA MANILA
ALL DEPARTMENT MANAGERS/DIVISION CHIEFS
ALL POSTMASTERS, MEGA
ALL EMPLOYEES
This Corporation**

SUBJECT : FLU VACCINATION PROGRAM 2025

DATE : 10 January 2025



Immunization has been a primary way of prevention of morbidity and mortality of diseases. In partnership with the Department of Health and City Government of Pasay, there will be a free flu vaccination program aimed to provide protection, to educate employees regarding immunization and respiratory illnesses through provision of information and education materials and to prevent employee absenteeism resulting from influenza and other related respiratory illnesses. The details of the program are as follows:

WHAT: FLU Vaccination Program
WHO: PHILPost Employees Ages 18 and above
WHEN: 20 January 2025, Monday 9:00 AM to 3:00 PM
WHERE: Philsys ID Processing Center, AMED, CMEC

No preparation will be needed and employees will be screened prior to vaccination. We encourage our employees to participate in this health program as part of our advocacy in providing safety and protection for each employee and in building a healthy workplace.

Thank you.

ATTY. LORI ANN D. ATAL
APMG for Admin and Finance

MEGV / GMPI / SSDL

