RECEIVED
FEB 29 2024
PHILIPPINE POSTAL CO

PHLPOST OFFICE ORDER NO. 24-18

SUBJECT : **PHLPOST COMMITTEE ON ANTI-RED TAPE (CART)**
Amendment to -

DATE : 26 February 2024

In compliance to ARTA Memorandum Circular No. 2023-08 dated 22 November 2023 with the subject, *"Amendment on Certain Provisions of Anti-Red Tape Authority (ARTA) Memorandum Circular No. 2020-07 dated 30 September 2020, Pertaining to the Guidelines on the Designation of a Committee on Anti-Red Tape (CART)"*, previous orders pertaining to the PHLPost Committee on Anti-Red Tape (CART) are hereby amended as follows:

A. Composition of PHLPost CART

Chairperson	:	APMG for Management Support Services
Vice-Chairperson	:	Area Director, Mega Manila Area
Members	:	Manager, Corporate Planning Department Manager, Financial Management Department Manager, Human Resource Management Department Manager, Inspectorate Department Manager, Internal Audit Department Manager, Legal Department Manager, Management Information Systems Department Manager, Service Regulations Department Chief, Records Management Division, GSD Head, Customer Care Team
Secretariat	:	One (1) Staff, Office of the Postmaster General One (1) Staff, Corporate Planning Department

B. Functions, Duties, and Responsibilities of PHLPost CART

The PHLPost CART shall ensure the Corporation receive, respond, and comply with the requirements of RA 11032, its IRR and subsequent issuances by ARTA, as may be applicable, and in coordination the appropriate offices and units. These requirements pertain to the following:

1. Conduct of reengineering of systems and procedures, compliance cost analysis, time and motion studies, and evaluation and improvement of all PHLPost's services, if deemed necessary, using the concepts and tools indicated in the Whole-of-Government Reengineering Manual issued by ARTA.

2. Compliance to the provisions of ARTA MC No. 2022-06 or the MC Establishing the National Policy on Regulatory Management System (NPRMS), as applicable, particularly on the following:

   2.1. Submission of Annual Regulatory Plan (ARP) not later than 07 March of each year;

   2.2. Submission of a Regulatory Notification Form (RNF), in the absence of an ARP, to notify ARTA of every formulation, modification, and repeal of regulations, ordinances, or other related issuances;

   2.3. Conduct post-implementation assessment and review of existing regulations, ordinances or other related issuances;

   2.4. Conduct of a Preliminary Impact Assessment (PIA) whenever there is an intent to formulate, modify, or repeal a regulation the subsequent submission of a Preliminary Impact Statement (PIS) for ARTA's review and assessment;

   2.5. Preparation and submission of a Regulatory Impact Statement (RIS) upon completion of each RIA conducted, for ARTA's review and assessment;

   2.6. Referral of ARTA's policy option recommendations to the appropriate decision-makers within PHLPost; and,

   2.7. Encoding of all existing (both in-effect and repealed) regulations and issuances to populate the Philippine Business Regulation Information System (PBRIS), once operational.

3. Adoption of the Philippine Good Regulatory Principles (PGRP), including the coordination of the orientation of employees involved in the PGRP Awards, determination of the qualifications of the agency and documentation of best practices, innovative ideas, and success stories that shall serve as bases for nomination for the PGRP Awards, formulation of internal guidelines and mechanism for nomination, submission of the nomination to ARTA containing the qualifications of the agency with collected evidence and detailed description of its best practices, innovative ideas, and success stories, among others.

4. Conduct of effective knowledge transfer, or information dissemination among office employees on ARTA-related trainings, briefings, or such related matters obtained by office staff and submission of a status report on the activities conducted within sixty (60) days from the end of the training.

5. Registration and publication of new regulations and issuances to the following, within fifteen (15) days from issuance:

   5.1 University of the Philippines Office of National Administrative Register (UP ONAR); and,

   5.2 Newspaper of general circulation for publication.

6. Setting up of the most current and updated service standards and inclusion of the same in the PHLPost Citizen's Charter in accordance with the suggested template and prescribed manner of writing issued by ARTA through MC No. 2019-02 and its Reference B, including the following:

    6.1 Submission of the updated Citizen's Charter Handbook to ARTA, together with an updated Certificate of Compliance (CoC) duly signed by the Head of Agency or authorized representative;

    6.2 Identification of official personnel who shall encode and submit the Citizen's Charter through the Anti-Red Tape Electronic Management Information System (ARTEMIS), once operational;

    6.3 Monitoring and periodic review of the PHLPost Citizen's Charter, specifically the procedures/steps, timeline, documentary requirements, fees, and other information indicated in the Citizen's Charter; and,

    6.4 Posting of the most current and updated Citizen's Charter Information Billboard in the most conspicuous space of the office, with the relevant pages of the Citizen's Charter Handbook placed in the service counters of offices providing external services and the soft copy of the Citizen's Charter Handbook posted in our Corporate website pursuant to ARTA MC No. 2019-02.

7. Compliance of PHLPost to the zero-contact policy in accordance with R.A. 11032.

8. Compliance of PHLPost to the external and internal services with the prescribed processing time as mandated by R.A. 11032 or the respective mandate under special law.

9. Implementation of the Harmonized Client Satisfaction Measurement (CSM) in accordance with the guidelines provided under MC No. 2022-005 and its amendment as may be applicable.

10. Submission to ARTA of the Client Satisfaction Measurement Report for each service on or before April 15 of each year based on Joint ARTA/GCG MC No. 1 (s. 2023).

11. Establishment and management of a public assistance complaints desk or ARTA Helpdesk to effectively receive complaints, feedback, and monitor customer satisfaction via hotline numbers, short message service (SMS), Information and communication technology, or other mechanisms where clients may express their complaints, comments, or suggestions.

12. Ensure that complaints forwarded by the Presidential Complaints Center, Contact Center ng Bayan of the Civil Service Commission (CSC), and the Legal Office of ARTA are acknowledged, received, responded to, and acted upon within the designated period by the intended recipient within PHLPost.

13. Resolve all complaints referred by ARTA in accordance to ARTA MC No. 2021-11 or the "Guidelines for Nationwide Implementation of Referral and Handling of

Complaints involving Section 12(f) and 21(a) to (g) of R.A. 11032 to the CART and/or Legal Offices of Government Agencies".

14. Ensure compliance and submission of the Zero Backlog Report under ARTA MC No. 2022-02, as amended by MC No. 2023-01, on or before 07 March of every year. It shall serve as the coordinating body relative to the implementation of the Report Card Survey (RCS) 2.0, providing the information and documents required by the Authority, as applicable.

15. Coordinate with the Corporate Communications Division on the dissemination of ARTA Information, Education, and Communication materials for public consumption. Moreover, it shall recommend policies, issuances, and measures to facilitate the implementation of R.A. No. 11032 and further improve related issuances and existing guidelines.

16. Perform such other functions, duties, and responsibilities under R.A. 11032 (amending R.A. 9485), its IRR and other issuances issued by ARTA.

C. Directory of PHLPost CART Members and Focal Person per Office

As an integral part of this Office Order, attached as **Annex A** is the directory of PHLPost CART members and Focal Person per office. The said directory includes the names, offices, designation, contact numbers, and e-mail addresses of concerned PHLPost officers and employees.

All previous Office Orders inconsistent herewith are hereby superseded/revoked and/or modified accordingly.

LUIS D. CARLOS
Acting Postmaster General and CEO

ABSY / MBG / RVP

ANNEX A

PHLPOST COMMITTEE ON ANTI-RED TAPE (CART)
MEMBER DIRECTORY CY2024

	NAME	DESIGNATION	OFFICE/ DEPARTMENT	CONTACT INFORMATION	
				Telephone/ Mobile No.	Email Address
1	**Atty. Benjie S. Yotoko**	Assistant Postmaster General	Office of the APMG for Management Support Services	0917-7131128	absy.phlpost@gmail.com
2	**Ms. Olivia M. Valderama**	Area Director	Mega Manila Area	0956-3625108	omvalderama.mega@gmail.com
3	**Ms. Mara Beatrice M. Gervacio**	Acting Manager	Corporate Planning Department	0917-1660599	mbgervacio.phlpost@gmail.com
4	**Ms. Carol C. Terrado**	Manager	Financial Management Department	0917-6755084	carolcterrado@yahoo.com
5	**Ms. Maria Erlinda G. Vargas**	Acting Manager	Human Resource Management Department	0908-8737224	earlin_15@yahoo.com
6	**Mr. Amadeo V. Tura**	Acting Manager	Inspectorate Department	0961-3829252	avtura418@gmail.com
7	**Mr. Francis T. Cereno**	Manager	Internal Audit Department	0947-1946943	francis_t_cereno369@yahoo.com
8	**Atty. Mark Joseph B. Abelardo**	Acting Manager	Legal Department	0917-1565345	markjoseph.abelardo@gmail.com
9	**Mr. Valeriano C. Delito**	Acting Manager	Management Information Systems Department	0923-7433212	vcdelito@yahoo.com
10	**Mr. Peter S. Bartolome**	Manager	Service Regulations Department	0943-5570387	peter.bartolome@gmail.com
11	**Mr. Jaime M. Cagalingan**	Acting Chief	Records Management Division, General Services Department	0927-9869814	jimmyrecordsco@gmail.com
12	**Ms. Lizel Lecciones**	In-Charge	Customer Care Team *(Airmail Exchange Dept.)*	(02) 8288-7678	phlpost.amed@gmail.com
13	**Ms. Thelma Pangilinan**	In-Charge	Customer Care Team *(Express Mail Exchange Dept.)*	(02) 8288-7678	phlpost.ems.cs@gmail.com

NORTHEAST LUZON AREA - AREA 1

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
APAYAO	Luna	Gemma Carabbacan		0935-4593692	phlpostlunaapayao@gmail.com
AURORA	Baler	Loren Querijero		0917-3758775	lorenquerijero@yahoo.com
	Casiguran	Jose Menzu Curitana		0946-7296410	curitanabong@gmail.com
CAGAYAN	Abulug	Rosendo Muli		0905-7822023	messengerdong1@gmail.com
	Allacapan	Gerson Macaspac		0917-5930659	gersonfmacaspac43@gmail.com
	Amulung	Jomar Balisi		0956-6182498	phlpostamulung3505@gmail.com
	Aparri	Rani Jay Queral		0975-0969504	
	Baggao	Lileth Narag		0997-8823052	liletalingodpua18@gmail.com
	Ballesteros	Rosendo Muli		0905-7822023	messengerdong1@gmail.com
	Camalaniugan	Katrina Marie Fernandez		0906-5774185	blakeryantrina@gmail.com
	Claveria	Joel Martinez		0917-1038533	
	Gattaran	Edelson Domingo		0905-4330692	
	Gonzaga	Glenn Bañez		0936-5160844	gonzagapostoffice@gmail.com
	Lal-lo	Katrina Marie Fernandez		0906-5774185	blakeryantrina@gmail.com
	Lasam	Gerson Macaspac		0917-5930659	gersonfmacaspac43@gmail.com
	Lucban, Abulug	Rosendo Muli		0905-7822023	messengerdong1@gmail.com
	People's Gym, Tuguegarao Cit	Viricel Mangulab		0936-1118377	ricel_mangulab@yahoo.com
	Sanchez Mira	Joel Martinez		0917-1038533	snachezmirapostoffice@gmail.com
	Solana	Milagros Jagon		0905-9535581	milesjagon@gmail.com
	Tuao				
	Tuguegarao City	Viricel Mangulab		0936-1118377	ricel_mangulab@yahoo.com
IFUGAO	Banaue	Nestor Buhhay		0906-8549662	
	Lagawe	Bryan Zarate		0906-2384031	phlpostlagawe.a1@gmail.com
ISABELA	Alicia	Menchita San Jose	078-323-1168	0945-2857277	zaynezalun26@gmail.com
					ppcalicia3306@yahoo.com
	Aurora	Elmer Yamson, Jr.		0936-8765434	elmoyam.jr@gmail.com
	Cabagan	Karen Tanguilan		0955-4204095	cabaganp.o@yahoo.com
	Cabatuan	Dante Martin		0997-1094217	dm.dantemartin@gmail.com
	Echague	Philip C. Babaran, Jr. **		0997-8370792	philipbabaran05161988@gmail.com
	Jones	Mark Benn Ranchez **		0965-4686383	markbennranchez22@gmail.com
	Mallig	Reynald John Catriz		0917-7813644	reynaldjohn@live.com
	Ramon	Rodrigo Peralta		0935-2052045	
	Reina Mercedes	Donabelle Campus		0917-6719122	dona712@gmail.com
	Roxas	Reynald John Catriz	078-642-0996	0917-7813644	reynaldjohn@live.com
	San Mateo	Rodrigo Peralta		0935-2052045	phlpostnela.sanmateo@gmail.com
	Tumauini	Reynald John Catriz	078-323-1169	0917-7813644	reynaldjohn@live.com
	Cauayan City	Larina Reyes		0926-1108889	larina_reyes@yahoo.com
	Ilagan City	Felixberto Serrano	078-323-2297	0906-6488798	phlpost.ilagancity@gmail.com
	Santiago City	Jonathan Camacam	078-305-0232	0905-4510071	jonathancamacam@gmail.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
KALINGA	Tabuk City	Raleigh Simangon		0975-1347147	raleighsimangon12345@gmail.com
	Bulanao, Tabuk				
NUEVA VIZCAYA	Aritao	Edison Valdez		0917-6487547	esvnoside@gmail.com
	Bagabag	Emmanuel Nieves	078-803-1017	0975-1349741	nievesjoy09@yahoo.com
	Bambang	Nova Leigh Ragus	078-392-0627	0926-8096165	nova.ragus@yahoo.com.ph
	Bayombong	Edison Valdez	078-321-2455	0917-6487547	esvnoside@gmail.com
	Dupax del Norte	Nova Leigh Ragus		0926-8096165	nova.ragus@yahoo.com.ph
	Dupax del Sur				
	Solano	Adelaine Razalan	078-326-5513	0945-2911298	adelrazalan@gmail.com
NUEVA ECIJA	Aliaga	Ramon Cajucom		0915-3499439	phlpostnela.aliaga@gmail.com
	Bongabon	Arsenio B. Mateo		0916-5919069	ppostante@gmail.com
					arseniobmateo@yahoo.com
	Cabiao	Elmer Portillo		0975-0237224	phlpostnela.cabiao@gmail.com
	Central Luzon State Univ.	Karen Patacsil **		0975-4801857	
	Gen. Tinio	Marciana Dayson		0926-5679362	phlpostnela.gentinio@gmail.com
	Guimba	Connie Laitan		0997-9447635	postmasterconnielaitan@gmail.com
	Jaen	Antonio Galicia, Jr.		0936-1028760	galiciajra.ag65@gmail.com
	Laur	Arsenio B. Mateo		0916-5919069	ppostante@gmail.com
					arseniobmateo@yahoo.com
	Llanera	Elpidio Baguio		0926-1227681	elpidiopablobaguio@gmail.com
	Lupao	Karen Patacsil **		0975-4801857	
	Quezon	Rufino Castro, Jr.		0921-2962466	castrorufino16@gmail.com
	Rizal	Rubylyn Domingo		0916-4524641	elpidiopablobaguio@gmail.com
	San Antonio	Joey Lising		0936-5813479	phlpostnela.sanantonio@gmail.com
	San Isidro	Antonio Galicia, Jr.		0936-1028760	galiciajra.ag65@gmail.com
	San Leonardo	Marciana Dayson		0926-5679362	marcydayson@gmail.com
	Sta. Rosa	Marlon Kaibigan **		0905-2768908	
	Sto. Domingo	Hazel Joyce Puno		0921-5860565	hazeljoycepuno.aiecollege@gmail.com
	Talavera	Rufino Castro, Jr.	044-334-2531	0921-2962466	castrorufino16@gmail.com
	Zaragoza	Ramon Cajucom		0915-3499439	phlpostnela.zaragoza@gmail.com
	Cabanatuan City	Arsenio B. Mateo	044-329-2651	0916-5919069	ppostante@gmail.com
			044-329-0759		arseniobmateo@yahoo.com
	Gapan City	Marciana Dayson	044-486-0494	0926-5679362	gapancitypostoffice@gmail.com
	San Jose City	Jose Benedicto Bautista		0965-5623100	
	Science City of Muñoz	Karen Patacsil **		0975-4801857	
QUIRINO	Cabarroguis	Michael Santiago		0975-4790885	cabarroguismaddela@yahoo.com
	Diffun				
	Maddela				

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
AREA ADMIN CENTER Tugueguerao City, Cagayan	Director's Office	Art Christian Gene Macaspac	078-844-9358	0906-2314712	artchristiangene@gmail.com
	Administration & Finance	Cielito B. Diza	078-844-9358	0965-7234588	ppcregion2_acctg@yahoo.com
					phlpostnela1accounting@yahoo.com
	Operations	Josue T. Tubaña	078-844-9358	0935-6923193	ssdarea1@yahoo.com
					ssdAREA1@gmail.com
MAIL DISTRIBUTION CENTERS	Cabanatuan City MDC	Arsenio B. Mateo	044-329-2651	0916-5919069	ppostante@gmail.com
			044-329-0759		arseniobmateo@yahoo.com
	Bayombong Sub-DC	Edison Valdez	078-321-2455	0917-6487547	esvnoside@gmail.com
	Santiago City Sub-DC	Flores Guiang	078-305-0232	0965-2236475	
	Tuguegarao City Sub-DC	Geronimo Palce	078-844-9359	0917-5096289	geronimopalce@yahoo.com

*** COS Worker designated as OIC-Postmaster*

NORTHWEST LUZON AREA - AREA 2

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
ILOCOS NORTE	Bacarra	Amelia G. Baptista	(077) 670-7229	0919-5631621	ameliabaptista122@gmail.com
	Banna	Nestor Lazo		0927-5222807	nestotlazo@gmail.com
	San Nicolas	Amelia G. Baptista		0919-5631621	ameliabaptista122@gmail.com
	Batac City	Edwin C. Quilban	(077) 792-2137	0928-4281268	edwinchuaquilban@gmail.com
	Laoag City	Epie Arcillana	(077) 677-1274	0907-5145349	epietarcellana@gmai.com
ILOCOS SUR	Bantay	Maria Luane P. Braceros		0917-8146570	luaneplanas@gmail.com
	Narvacan	Andrea C. Martinez		0917-8387730	andreamartinez57@yahoo.com
				0921-4132356	
	Tagudin	Benita C. Lanuza		0916-2096619	benitalanuza12@yahoo.com
	Candon City	Marjorie R. Gadut		0995-7568320	gadutmarjorie2@gmail.com
	Vigan City	Clarissa Pulanco	(077) 674-1856	0917-1182087	clarissapulanco@gmail.com
LA UNION	Aringay	Ma Leah Hernandez	(072) 682-0096	0923-7206192	eyahlu@gmail.com
		John Moises Mangaoang		0948-8599320	
	Bangar	Jallian Mae V. Calub		0931-8638791	
		Eribert Maganis		0930-0047181	
	Naguilian	Wevelyn Jacildone	(072) 607-0807	0922-8431932	jacildone16mamol@yahoo.com.ph
		Raynante Mapili		0997-7010774	
	San Fernando	Benita C. Lanuza	(072) 619-2547	0916-2096619	benitalanuza12@yahoo.com
		Edmar Segundo		0912-1195563	
	San Juan	Aurelia C. Cauilan		0930-1102272	aucabanit_cauilan@yahoo.com
		Neil Fabon		0906-3777756	
	Rosario	Romualdo Marcial	(072) 682-0822	0919-7639527	rosariopostoffice@gmail.com
		Richard Villanueva		0946-5988314	
BENGUET	Baguio City Central	Victoriano C. de Leon		0905-2254668	nongdeleon@gmail.com
		Jessie Roland Dailay		0907-7749661	
		Imelda Eroa		0905-1303819	ilemad1010@yahoo.com
	La Trinidad	Pilar Lubid	(074) 309-3983	0920-9559422	pdjlubid@yahoo.com.ph
PAMPANGA	Clark	Lirio C. Flores	(045) 437 3344	0922-5495727	lirsflores@yahoo.com
	Mabalacat	Lea L. Lapuz		0999-8893475	postofficemabalacat2010@gmail
	Mexico	Elisa S. Hernandez		0932-8756010	elisahernandez06@yahoo.com
	Porac	Lirio C. Flores		0922-5495727	lirsflores@yahoo.com
	Sta. Ana	Rosie M. Canlas		0943-4117680	rosie_canlas@yahoo.com.ph
	San Luis	Dina F. Manalili		0975-4411921	dinamanalili1123@gmail.com
	Angeles City	Rosie M. Canlas		0943-4117680	
	City of San Fernando	Ma. Socorro M. Franco	(045) 961-6759	09425-586215	socorrofranco1915@gmail.com
		Vivian C. Tungol		0942-4899413	vhivian_0906@yahoo.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
BATAAN	Balanga	Hans Jeremy S. Castro	(047) 791-3626	0915-0826494	hansjeremycastro@gmail.com
	Dinalupihan	Teresita Umlas		0939-7902799	umlastisya22@gmail.com
	Hermosa	Ivy Lyn C. Garcia		0948-4077564	ivylyn521@yahoo.com
	Limay	Blesilda Francisco		0907-6996810	limaypostoffice2103@gmail.com
	Mariveles	Enriqueta Manuel	(047) 2376068	0920-3980435	enriquetamanuel8@gmail.com
		Irvin de Guzman		0909-388442	postofficemariveles@gmail.com
	Orani	Blesilda Francisco		0908-8133462	
TARLAC	Camiling	Edwin Nicolas	(045) 491-8632	0975-6969908	edwin_nicolas827@yahoo.com
	Gerona	Ronaldo Majestrado		0950-3000956	ppcgeronatarlac@gmail.com
	Moncada	Ricardo Dasalla		0927-7857335	dasallaricardojr@yahoo.com
	Tarlac City	Ariel S. Campo	(045) 982-8781	0998-8865443	tarlaccity.cs@gmail.com
ZAMBALES	Castillejos	Leopoldo Racel		0921-3218662	leopoldoracel@yahoo.com
	Iba	Jean Adamos	(047) 811-2279	0912-2022164	jmadamos28@gmail.com
	Sta. Cruz	Sergio Gomez		0956-0132128	sergiogomez2@yahoo.com
	Olongapo City	Virginia Salang		0950-5729111	olongapocity.cs@gmail.com
	SBMA	John F. Dionisio		0923-2450135	ppc_sbfz@yahoo.com
PANGASINAN	Agno	Edward Cacho		0928-7423105	cachoedward91@gmail.com
	Anda				
	Bani				
	Bolinao				
	Aguilar	Remedios Fernandez	(075) 632-6771		remyferdez@gmail.com
	Bugallon			0999-3879250	
	Mangatarem			0917-1561129	
	Alaminos City	Bobby Roger Camba		0907-7765441	bobbyrogercamba@yahoo.com.ph
	Burgos				
	Mabini				
	Alcala	Rhodora Gumihid	(075) 632-7005	0938-1269973	zjuroadengle@gmail.com
	Sto. Tomas			0909-6368685	
	Villasis				
	Asingan	Milagros Kumanab		0935-1355979	mdulay.kumanab@gmail.com
	San Manuel				
	Balungao	Neil Aldea	(075) 202-4963	0919-5962439	bangaldea@gmail.com
	Rosales				
	Sta Maria				
	Basista	Thelma Ramos	(075) 632-6812		
	Bautista			0998-3410606	
	Bayambang			0949-6069409	bayambangpm@gmail.com
	Malasiqui				
	Binalonan	Priscilla Acain	(075) 562-2135	0905-6626482	preciliamacain@gmail.com
	Laoac				

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
PANGASINAN *(cont.)*	Binmaley	Marissa Syquico		0910-1641401	mariss.syquico@gmail.com
	San Carlos				melaniedelossantos2612@gmail.com
	Urbiztondo				phlpostsancarlos1@gmail.com
	Calasiao	Joan Vallo		0928-8511571	weng.vallo@gmail.com
	Sta. Barbara				
	Dagupan City	Jerome Silverius Manuel		0922-6707757	pangasinan.cs@gmail.com
	Dasol	Serio Gomez II			sergiogomez2@yahoo.com.ph
	Infanta	Pedrito Menor			pedritomenorjr@yahoo.com
	Labrador	Teresita Baroma	(075) 632-0585	0922-7040278	pangasinanlingayenpo@gmail.com
	Lingayen				
	Sual				
	Manaoag	Besandel Principe		0948-0979807	besprin128@yahoo.com
	Mapandan			0912-3619912	
	Mangaldan	Jerome Silverius Manuel	(075) 202-3015	0997-6779555	pangasinanmangaldanpo@gmail.com
	Pozorrubio				
	San Jacinto				
	Natividad	Ma. Arlyne P. Cirilo		0926-3011878	maarlynecirilo@gmail.com
	Tayug				
	San Fabian	Romualdo Marcial		0919-7639527	postofficesanfabian@gmail.com
	San Nicolas	Redentor S. Ortiz		0907-5163567	redentorortiz17@gmail.com
	San Quintin				
	Umingan				
	Sison	Romualdo Marcial		0919-7639527	sisonpostoffice2434@gmail.com
	Urdaneta City	Loida C. Lomabao	(075) 529-5791	0929-2272708	adiol.cabanit.ll@gmail.com
AREA ADMIN CENTER San Fernando City, La Union	Director's Office/ AdFin/Operations	Merma Lea R. Abalos	(072) 607-2116	0922-8925725	mermaleahabalos@yahoo.com
		Melinda V. Nisperos		0922-8324299	nwla.stats@gmail.com
		Constante B. Garcia		0933-8597237	budget.area2@gmail.com
MAIL DISTRIBUTION CENTERS	San Fernando, Pampanga MDC	Vivian L. Tungol		0942-4899413	vhivian_0906@yahoo.com
	Laoag City Sub-DC	Judy Bumagat		0918-9577809	bumagatjudy@gmail.com
				0939-9265641	
	Vigan, Ilocos Sur Sub-DC	Sonia Quindipan		0926-1109198	s.quindipan54@gmail.com
	San Fernando, La Union SDC	Bienvenido A. Leonardo	(072) 619-2547	0912-8873340	bienleonardo18@gmail.com
	Baguio City Sub-DC	Lolita de Guzman (Tellers Section)		0950-9632629	
		Linda P. Daguioa		0908-6962882	linda.daguioa70@gmail.com
		Mae Kub aron		0956-4193877	
		Roel Cereno		0956-4193877	
	Dagupan City Sub-DC	Marcelino Caburnay	(075) 515-2488	0916-7891400	dagupanphlpostsdc@gmail.com

MEGA MANILA AREA - AREA 3

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
NATIONAL CAPITAL REGION	Caloocan City Central	Jhon Leonard R. Rios		0925-5510972	caloocancpo@yahoo.com
	Caloocan City North	Gerry I. De Guzman		0933-8556599	caloocannorthpostoffice@gmail.com
				0918-6581451	
	Las Pinas City	Allan N. Aldea	8873-0829		laspinascpo@yahoo.com
	Makati City Central	Cecile T. Tabares	8844-0120		dmu.makaticpo@yahoo.com
	Mandaluyong City Central	Brenda C. Zantua	8535-2131	0947-4919923	mandaluyong_cpo2000@yahoo.com
	Manila Central	Noel V. Dacasin			manilacpo@gmail.com
					ndacasin23@gmail.com
	Marikina City	Rose Virgin M. Yap	8735-4363	0925-4440650	marikinacpo@yahoo.com
				0906-4491228	
	Muntinlupa City Central	Melanie S. Dalluay	8740-6977	0920-9781466	muntinlupacpo2020@gmail.com
	Novaliches	Noel Gerard G. Ludovico	8937-5490	0918-6089211	novalichespo@yahoo.com
				0921-5306188	ngludovicodap@gmail.com
	Paranaque City Central	Edna O. Dela Cruz	8825-9286	0929-3293416	paranaquecpo@yahoo.com
	Pasay City Central	Ronald C. De Jesus	8852-1626	0921-3826186	pasaycpo@yahoo.com
					ron_dej@yahoo.com
	Pasig City Central	Liberty A. Mercado		0956-9061161	pasigcpo@yahoo.com
	Pateros				mercadoliberty5@gmail.com
	Quezon City Central	Ma. Magdalena F. Esconde		0961-0960535	qccpo@yahoo.com
				0976-1126959	
	San Juan City Central	Rosemarie R. Alfaro		0917-8950734	sanjuancpo2022@gmail.com
	Taguig City Central	Ma. Cristina S. Velasquez		0925-5510972	taguigcentralpostoffice@gmail.com
					kristinasoledad@gmail.com
	Valenzuela City	Mary Ann L. Angeles			valenzuelacpo@yahoo.com
BULACAN	Meycauayan	Mylene Joyce C. Aclan		0933-3041865	mjcaclan0501@gmail.com
	Malolos	Leslie L. Paule		0922-3172007	lesliepaule30@gmail.com
	San Ildefonso	Archimedes G. Lacuarin		0975-9676518	sibphlpost@gmail.com
CAVITE	Amadeo	Mark Anthony Ocampo		0909-4320458	nhapoy011017@gmail.com
	Bacoor	Olga P. Silva		0920-9318519	ghalo1365@gmail.com
				0949-9166930	
	Carmona	Ariel I. Fria		0938-0067142	philpostcarmona@gmail.com
	Dasmarinas	Lilia C. Cabutaje		0910-2790230	dasmacpo@gmail.com
	Gen. Mariano Alvarez	Marvin D. Gumboc		0915-0934245	gmapostoffice@gmail.com
	Gen. Trias	Basilio H. Cada Jr.		0995-9614624	basiliojrcada@yahoo.com
				0905-3881361	

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
CAVITE ***(cont.)***	Imus	Aida E. Buñales		0947-7417866	dangbunales@gmail.com
				0966-5837547	
	Indang	Imelda P. Suizo		0999-7434574	melsuizo27@gmail.com
				0918-5534699	
	Kawit	Erlinda G. Jandoc		0977-1962451	erlindajandoc20@gmail.com
	Mendez	Marivic D. Maranan		0916-4081201	mendezpostoffice@gmail.com
	Naic	Jessica B. Mallari		0908-8645398	jessicamallari014@gmail.com
				0969-0923934	
	Rosario	Rizza S. Alipio		0917-5794103	senarisrizza@yahoo.com
	Tagaytay	Miguel Soriano		0961-8824003	migs.soriano27@gmail.com
	Tanza	William R. Erni		0917-8234399	tanzaPO4108@gmail.com
					phlpost_tanza@yahoo.com
RIZAL	Cainta	Vilma M. Dagani	8743-4173	0915-9700153	vilmadagani@yahoo.com
				0927-7247900	caintapostoffice@gmail.com
	Morong	Ma. Asuncion Cadarao		0916-2981164	scadarao@gmail.com
	Teresa				
	Angono	Rosario F. Jacinto		0908-2218456	angonopostoffice@gmail.com
	Montalban	Jerome V. Pindoy		0920-6824556	pindoy21@gmail.com
	Pililia	Ma. Susan G. Ramos		0936-5639927	susangramos2@gmail.com
	Mayamot	Florecita A. Ebio		0920-4651492	ebioflorecita@yahoo.com.ph
	Binangonan	Daisy Elona		0919-5999402	daisyelona22@yahoo.com.ph
				0917-2041812	
	Cardona			0919-5999402	
				0926-1251838	
	Tanay & Baras	Amy S. Gajo	8743-4171		amy_sacsi@yahoo.com
	San Mateo	Daina M. Tampolino		0950-7015128	sanmateopostoffice@gmail.com
	Antipolo City	Juanito M. Casida Jr.		0930-4607265	dondoncasida12@gmail.com
PALAWAN	Puerto Princesa	Mercy Muñoz		0949-9465935	ppuertoprincesa@gmail.com
BATANES	Basco	Jordan Camarillo		0969-1598954	adamimallory973@gmail.com
				0920-2179828	
AREA ADMIN CENTER Quezon City	Director's Office AdFin/Operations	Albert Paul M. Alzona		0928-5511157	paul.alzona@yahoo.com
Business Mails Service Office (BMSO) CMEC, Pasay City		Joneth Anne D. Guillen		0905-8825587	jonethannediendo.phlpost@gmail.com

SOUTHERN LUZON AREA - AREA 4

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
ALBAY	Albay Capitol	Ligaya G. Bellen		0920-5946855	postmasteralbaycapitol@yahoo.com
	Bacacay	Pamela R. Berdin		0997-9639031	pamelaberdin@gmail.com
	Camalig	Dante L. Ballon		0955-8046407	danteballon1997@gmail.com
				0947-2940015	
	Daraga	Liborio B. Orense III		0935-6973661	bongbongliboy.4567@gmail.com
	Guinobatan	Zorina A. Ner		0910-8866420	zorina_ner37@yahoo.com
	Malilipot	Ma. Theresa B. Arciga		0927-3235475	mariatheresaarciga@gmail.com
				0912-6870385	
	Malinao	Elsa B. Regalado		0916-5575927	eregalado04@gmail.com
				0930-9230706	
	Oas	Benito R. Robrigado, Jr.		0939-2146767	
	Polangui	Maricar N. Calla		0977-8013719	carrnebs@gmail.com
	Tiwi	Catherine B. Jamora		0915-2374119	katie_b_jamora@yahoo.com
	Legazpi City	Nenita B. Pan		0998-5537497	denise_nbp@yahoo.com
	Ligao City	Maricar N. Calla		0977-8013719	carrnebs@gmail.com
	Tabaco City	Edward C. Arevalo		0917-1375902	edward_arevalo@yahoo.com
BATANGAS	Agoncillo	Reshamaine M. Aala		0997-5079947	reshamaine.aala@yahoo.com
				0910-2366970	
	Balayan	Veneranda G. Aya		0917-5279034	balayanpostoffice@gmail.com
				0917-6561092	
	Bauan	Charito C. Gonda		0916-5524086	ppcbauan@gmail.com
				0919-5057146	
	Calaca	Victor M. Sarmiento Jr.		0905-7101396	phlpost.calaca@yahoo.com,
					vmsarmientojr@yahoo.com
	Calatagan	Severa B. De Villa		0916-7256312	severabautista@yahoo.com
				0918-3781110	
	Cuenca	Joel M. Balitaan		0950-0405345	joel.delmundo.balitaan@gmail.com
	Ibaan	Evelyn S. Campang		0963-3525828	daddy13june@gmail.com
	Lemery	Reshamaine M. Aala		0997-5079947	reshamaine.aala@yahoo.com
				0910-2366970	
	Lian	Jonah C. Sulit		0977-2457383	lianpost@yahoo.com
	Mabini	Charito C. Gonda		0916-5524086	charitogonda_ph@yahoo.com.ph,
				0919-5057146	phlpostmabini@gmail.com
	Malvar	Liezel Lubong		0947-7813540	rlubongliezel@gmail.com
				0995-3634304	
	Mataas na Kahoy	Glenda A. Inciong		0975-9485081	glendainciong@gmail.com
	Nasugbu	Oliver B. Africa		0931-2185771	oliver_africa@yahoo.com
	Padre Garcia	Agnes C. Mojica		0955-5161394	joness_21@yahoo.com
	Rosario	Ria May M. Abjelina		0917-4710517	riamay.abjelina@yahoo.com
				0999-9733498	
	San Jose	Frances C. Macalintal		0927-6788568	fchitmacalintal@gmail.com
	San Juan	Ambrocio A. Ilao		0951-0540798	ambrocioilao@gmail.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
BATANGAS *(cont.)*	San Pascual	Sweet Hazel M. Aguilar		0917-1595545	ppcbauan@gmail.com
	Taal	Victor M. Sarmiento Jr.		0905-7101396	ppcbauan@gmail.com
	Tuy	Veneranda G. Aya		0917-5279034	balayanpostoffice@gmail.com
				0917-6561092	
	Batangas City	Portia N. Ballaran		0908-2191777	portiaballaran09@gmail.com
				0917-6805175	
	Lipa City	Jeraldine D. Go		0926-7281986	jed_43068@yahoo.com
				0921-4157687	
	Sto. Tomas City	Edna R. Gabucan		0947-7813540	ednareyes0205@yahoo.com
	Tanauan City	Maila T. Torres		0949-1165749	mailatorres79@gmail.com
CAMARINES NORTE	Daet	Nena J. Panganiban			nena_panganiban@yahoo.com
	Jose Panganiban	Amapola A. Rosales		0916-5425475	amphy1982@gmail.com
	Labo	Jojo O. Galleta			
		Amapola A. Rosales		0916-5425475	amphy1982@gmail.com
	Santa Elena	Anthony D. Esureña		0906-6164231	antoneesurena34@gmail.com
	Talisay	Donna Mae M. Buenagua		0927-5474012	talisaypostoffice4602@gmail.com
				0910-2069897	
CAMARINES SUR	Buhi	Louie V. Cleofas		0963-7273211	
	Calabanga	Ronald A. Gan		0950-7789434	
	Goa	Rolando C. Belleca		0999-8455288	postmaster.goa@gmail.com
	Libmanan	Mark Anthony DC Apin		0942-8338881	markanthonydcapin@yahoo.com
	Nabua	Neil Christian Sto. Domingo		0946-0423391	
	Ocampo	Arthur A. San Juan		0999-2227201	artz_11@yahoo.com
	Pasacao	Joel M. Felix		0997-7557312 (c/o wife)	
	Pili	Debbie Ann B. Armea	(054) 2051276	0918-7192839	debbarmea@yahoo.com
	Presentacion	Edgardo C. Bares		0935-0057191	
	Ragay	Billy A. Ibarbia		0915-5703279	ptcragaydgo44@gmail.com
				0951-5791265	
	San Jose	Bonifacio D. Dichoso Jr.		0946-1300133	
	Sipocot	Mark Anthony DC Apin		0942-8338881	markanthonydcapin@yahoo.com
	Tigaon	Rolando C. Belleca		0999-8455288	rolandobelleca123@gmail.com
	Iriga City	Rogel C. Cruzata		0977-2777054	rogelcarablecruzata@gmail.com
				0912-1553211	
	Naga City	Ma. Lolita P. Degayo		0917-4317665	mlvperez@yahoo.com
				0930-5254078	
CATANDUANES	Bato	Salvacion T. Lee		0921-4568281	batopo4801@gmail.com
	Pandan	Joven F. Villaluz		0949-4470249	jovi8nvillaluz1230@gmail.com
	Panganiban	Jairus V. Mendoza		0928-5713539	mendozajairus750@gmail.com
	Virac	Rosalind A. Tomes		0950-8862725	rosalindtomes@yahoo.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
LAGUNA	Alaminos	Elmar J. Dioyo	(049) 562-5193	0939-7221985	e_dioyo@yahoo.com
	Bay	Lilian M. Samson		0943-4077274	lilian181970@gmail.com
	Calauan	Marnie G. Dioyo		0930-8434224	calauanlagunapostoffice@gmail.com,
					dioyomarnie@gmail.com
	Camp Vicente Lim	Donna Bella H. Cruzin		0920-4208156	donna_bea08@yahoo.com
	College (UPLB)	Reynaldo C. Clave		0947-1056517	reyclave08@gmail.com
	Liliw	Rowena R. Berganio		0916-9569104	rowenaronab@gmail.com
	Luisiana	June S. Berja		0920-5029400	juneberja@ymail.com
				0923-1895595	
	Lumban	Jesse D. Glorioso		0917-6359937	jdcg_1210@yahoo.com
				0921-9573794	
	Magdalena	Alvin L. Pacle		0926-8218782	magdalenalagunappc@gmail.com
	Nagcarlan	John Denrick Tiquis		0947-386-2838	johndenrick172000@gmail.com
	Paete	Gemimah Maloles		0936-6405704	postofficepaete@gmail.com
	Pagsanjan	Jesse D. Glorioso		0917-6359937	jdcg_1210@yahoo.com
				0921-9573794	
	Pila	Janette L. Villafuerte		0951-9122605	janettevillafuerte@yahoo.com
	Siniloan	Purita D. Evangelista		0905-3435153	pde101472@gmail.com
	Sta Cruz		(049) 5460483		de_puritz@yahoo.com
	Biñan City	Gemma C. Medallon		0917-3606689	gempost@yahoo.com
	Cabuyao City	Evelina P. Manaig	(049) 534-0795	0906-2252174	phlpostcabuyao4025@gmail.com
					ginechadek@yahoo.com
	Calamba City	Elsol B. Ilagan		0906-4002329	elsolilagan@ymail.com
				0908-9888577	
	San Pablo City	Mary Antonette S. Parfan		0908-3876028	meanneparfan@gmail.com
	San Pedro City	Gemma C. Medallon		0917-3606689	ppc_sanpedro@yahoo.com
					gempost@yahoo.com
	Sta Rosa City	Evelina P. Manaig	(049) 534-0795	0906-2252174	phlpoststa.rosa@gmail.com
					ginechadek@yahoo.com
MARINDUQUE	Boac	Ernesto G. Jinang		0939-2553108	postmaster.boac@philpost.gov.ph
	Sta Cruz				
MASBATE	Aroroy	Rencita C. Balmas		0951-5292260	rencitab@yahoo.com
	Cataingan			0999-3332211	
	Dimasalang	Ronald G. Vallena		0945-1060894	ronaldvallena13@gmail.com
	Milagros	Rencita C. Balmas		0951-5292260	rencitab@yahoo.com
				0999-3332211	
	Palanas	John M. Arcueno		0946-5237013	
	Pio V. Corpuz	Jonathan P. Nugas		0951-5292260	
				0999-3332211	
	Uson	Ronald G. Vallena		0945-1060894	ronaldvallena13@gmail.com
	Masbate City	Rencita C. Balmas		0951-5292260	rencitab@yahoo.com
				0999-3332211	

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
OCCIDENTAL MINDORO	Lubang	Joselito Z. Aldave		0919-6929839	aldavejoselito@gmail.com
	Mamburao	Pinky E. Frejoles		0935-7383378	frejolesp@gmail.com
	Sablayan	Eric B. Madrigal		0955-0669182	ericmadrigal@yahoo.com
	San Jose	Ronalyn M. Ancheta		0929-3531824	ronalynancheta10@yahoo.com.ph
ORIENTAL MINDORO	Bongabong	Howell C. Virtucio		0917-2030541	virtuciohowell@gmail.com
	Naujan	Edward M. de Leon		0912-2204837	naujanpostoffice@gmail.com
	Pinamalayan	Antonio C. Dela Cruz		0998-5104590	pinamalayanpostoffice@gmail.com
	Puerto Galera	Jhon Jordan M. Jogna			
	Roxas	Ava May F. Catapang		0912-6437088	avamaycatapang@gmail.com
				0939-9109671	
	Socorro	Antonio C. Dela Cruz		0998-5104590	pinamalayanpostoffice@gmail.com
	Victoria	Jerveys T. De Lara		0945-2698998	jerveystdelara@gmail.com
	Calapan City	Liza A. Mendoza	(043) 4413324	0927-3906896	calapanphilpost@yahoo.com.ph
				0928-2017286	
QUEZON	Atimonan	Christine Ara E. Tena			
	Calauag	Francisco M.Peñalosa II		0948-1133567	france1328@yahoo.com
				0947-8951031	
	Candelaria	Ferdinand L. Adriano		0942-0711043	onairda_070277@yahoo.com
				0947-8951032	
	Gumaca	Reinalyn Z. Palillo		0922-3142432	phlpost.gumaca@gmail.com
					rzpalillo@yahoo.com
	Infanta	Marisonia M. Catud		0915-5261294	pmphilpost4336@gmail.com
				0915-3144362	
	Lopez	Cherry A. Mascardo		0916-7252696	phlpost_lopezquezon@yahoo.com
				0907-3391764	
	Lucban	June S. Berja		0920-5029400	juneberja@ymail.com
				0923-1895595	
	Mauban	Rustico L. Valdejueza		0922-4055426	docvaldejueza@gmail.com
	Mulanay	Mildred M. Se		0927-5870296	mildredhernandez0513@gmail.com
				0956-9937651	
	Padre Burgos	Enrico P. Glorioso		0912-0890956	gloriosoenrico16@gmail.com
	Pagbilao	Maria Emma M. Batocabe		0943-4376824	batocabeem@gmail.com
	Quezon Capitol	Emmanuel L. Savedia		0933-4937784	phlposteman@yahoo.com.ph
					quecapitol_4300@yahoo.com.ph
	Real	Nilda A. Aveño		0912-7999400	Nildaaveno@yahoo.com
				0908-1797474	
	Sariaya	Jerica A. Miranda		0909-8954783	miranda_jerica@yahoo.com
	Tiaong	Mariford R. Capsa		0939-5207875	colline.capsa@gmail.com
	Unisan	Cecilia M. Cataquis		0946-6369494	
	Tayabas City	Raymund John O. Comia		0918-6279831	rjmiaco_24@yahoo.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
ROMBLON	Banton	Emmanuel L. Savedia		0933-4937784	phlposteman@yahoo.com.ph
					quecapitol_4300@yahoo.com.ph
	Concepcion	Antonio C. Dela Cruz		0998-5104590	tonton_117@yahoo.com.ph
	Odiongan	Claire T. Tayco		0951-0585513	clairetayco13@gmail.com
	San Agustin	John G. Gadon		0928-5845158	johnggadon@gmail.com
	Romblon	Fely F. Nuñez		0910-4852763	felyfactornunez@gmail.com
				0920-9780576	phlpostromblon@gmail.com
	Sta. Fe	Vincent M. Villanueva		0926-1064189	
SORSOGON	Casiguran	Aljon V. Oca			
	Gubat	Hermin C. Galliano		0930-1759001	herminclemen1017@gmail.com
				0920-9782407	
	Irosin	Angelika Gleze M. Sandoval		0950-8889236	irosinpostoffice@gmail.com
				0999-2229133	
	Matnog	Monalyn E. Espela		0950-6911343	monalynespela11@gmail.com
				0977-4632168	
	Sorsogon City	Pauline L. Ladesma - OIC Mary Jane P. Cauad *(on maternity leave)*		0992-3040914	mjcauad13@gmail.com
AREA ADMIN CENTER San Pablo City, Laguna	Director's Office/AdFin/Operations	Jose T. Miranda, Jr.			statphlpostarea4@gmail.com
MAIL DISTRIBUTION CENTERS	San Pablo City MDC	Emlyn C. Ticzon		0927-5240888	emtic49@yahoo.com
				0939-9180863	
	Legazpi City Sub-DC	Antonio D. Miguel		0928-4688770	mikemiguel@gmail.com
	Batangas City Sub-DC	Portia N. Ballaran		0917-6805175	portiaballaran09@gmail.com
	Daet, Camarines Norte Sub-DC	Victor Emmanuel Reberta		0908-9200816	ribertavictoremmanuel1986@gmail.com
	Naga City Sub-DC	Leilani C. Reorizo		0999-7612737	phlpostnagacsur@yahoo.com
	Virac, Catanduanes Sub-DC	Rosalind A. Tomes		0950-8862725	rosalindtomes@yahoo.com
	Boac, Marinduque Sub-DC	Ernesto G. Jinang		0939-2553108	postmaster.boac@philpost.gov.ph
	Masbate City SDC	Leoncia C. Dela Rosa		0907-3032266	delarosaroberto@yahoo.com
		Rencita C. Balmas		0951-5292260	rencitab@yahoo.com
	Mamburao, Occidental Mindoro Sub-DC	Pinky E. Frejoles		0935-7383378	frejolesp@gmail.com
	Calapan City Sub-DC	Liza A. Mendoza	(043) 4418290	0927-3906896	calapanphilpost@yahoo.com.ph
				0928-2017286	
	Gumaca, Quezon Sub-DC	Reinalyn Z. Palillo		0922-3142432	phlpost.gumaca@gmail.com
	Quezon Capitol Sub-DC	Emmanuel L. Savedia		0933-4937784	phlposteman@yahoo.com.ph
	Odiongan, Romblon Sub-DC	Eibeldick M. Rodeo		0939-4934136	onal.94rodeo@gmail.com
		Cris Faner		9076710984	

CENTRAL AND EASTERN VISAYAS AREA - AREA 5

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
CEBU	Argao	Joinah Concessa Sararaña		0923-4728871	sjoinah@yahoo.com
	Balamban	Junbel B. Abellana		0930-8683776	junbelabellana@yahoo.com
	Bantayan	Jay Layao	(032) 425-5348	0920-9790877	layaojay@yahoo.com
	Barili	Rey Boniao	(032) 470-9193	0963-6450154	reyboniao12@gmail.com
	Carmen	Shella Book		0942-7632383	xbookiii@yahoo.com
	Compostela	Tomas T. Responso	(032) 417-0590		
	Consolacion	Ailene G. Busalla	(032) 412-8408	0933-8535396	ailengianganbusalla@gmail.com
	Cordova	Aries Leo Doromal	(032) 496-7121		doromalaries@gmail.com
	Dalaguete	June Lyndon Belandres		0922-7955662	dalaguetephlpost@gmail.com
	Liloan	Philfred Batucan		0928-5933662	dan_philfred@yahoo.com
	Malabuyoc	Linley Alvear		0977-4981406	linleyalvear@yahoo.com
	Medellin	Ana Leah Alindajao		0936-4679661	
	Minglanilla	Brenda Villasan	(032) 427-3200	0919-4877792	brenda_villasan@yahoo.com
	Moalboal	Joe Saac	(032) 474-8288	0908-1894246	jorishiko@yahoo.com
	Pinamungahan	Joel C. Divera		0997-6233818	
	Poro	Sulpicio Pesquera		0955-6779342	
	San Fernando	Sybil Balbes		0947-4611019	syche83@gmail.com
	Tuburan	Rogelio G. Angel Jr.		0933-3219722	oilegorlegna@gmail.com
	Bogo City	Darrel Dalumpines		0926-5015531	darrel_dalumpines@yahoo.com
	Carcar City	Irish Basconcillo	(032) 412-9786	0919-7827942	ayesha_basconcillo@yahoo.com.ph
	Cebu City Central	Rachel Betos	(032) 416-3989	0922-2401317	ccpocitydelivery@yahoo.com
	Danao City	Chito Manulat		0966-1835599	manulatkate779@gmail.com
	Lapu-Lapu City	Porferio Dela Torre, Jr.	(032) 255-4884	0923-6455464	jhunloise@yahoo.com
	Mandaue City Central	Josephine C. Layco	(032) 414-5467	0943-2564679	bienpotianjr@yahoo.com
	Naga City	Bryan Diacamus		0996-6501254	brynotlove@gmail.com
	Talisay City	Septa Espina	(032) 272-3794	0942-3122022	septaespina@gmail.com
	Toledo City	Jojie Martinez	(032) 417-0680	0915-1728552	joojie_boynextdoo14@yahoo.com
BOHOL	Antequerra	Arniel Calipes		0910-8342893	arnielcalipes1995@gmail.com
	Baclayon	Ramy Sumaylo		0928-7370365	dongsk78@yaahoo.com
	Balilihan	Reynaldo Dango		0926-8755699	dongsk78@yahoo.com
	Buenavista	Noel Gicain		0938-2229145	NONE
	Calape	Rizaller Ruloma		0975-0989059	dhods87_ruloma@yahoo.com
	Candijay	Edwin Piquero		0906-4108425	piquero.edwin@ymail.com
	Garcia Hernandez	Estella P. Pagulong		0928-1830432	garciahernandezpost0220@gmail.com
				0905-3777886	
	Guindulman	Luisito Mantillo		0929-5698337	ngodzpices@yahoo.com
	Inabanga	Ma. Rolinda Gablines		0997-9407736	geemeylv1.0.0@gmail.com
	Jagna	Jaime Bajao		0939-1486238	phlpostjagnapm@yahoo.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
BOHOL ***(cont.)***	Loay	Shaira Q. Digamon			loaypost102019@gmail.com
	Loboc	Rosemarie Urbuda		0930-1770925	marisurbuda@gmail.com
	Loon	Ma. Rolinda Gablines		0997-9407736	loonpobohol@gmail.com
	Talibon	Orlando Ducrao		0912-9179255	talibonphilpost@gmail.com
	Tubigon	Gina Pabroa		0956-7737967	budengibson@gmail.com
	Ubay	Bernard Pizaña		0932-3163613	bernard_pizana@yahoo.com
	Valencia	Roxanne Teves		0909-1022612	roxcuttie_87@yahoo.com
	Tagbilaran City	Vivian Paglinawan	(038) 501-8107	0908-5903670	vbpaglinawan@yahoo.com
LEYTE	Abuyog	Renato Nacionales		0917-5315052	renatonacionales03@yahoo.com
	Alang-alang	Alberto Erandio			albertoerandio8@gmail.com
	Barugo	Ma. Grace Espos		0917-1590779	grace_espos19@yahoo.com
	Capoocan	Richa Marie Maceda		0910-2026650	richamarietanmaceda@gmail.com
	Carigara	Richa Marie Maceda		0910-2026650	richamarietanmaceda@gmail.com
	Dulag	Leo S. Guy		0936-3924802	leosguy1964@gmail.com
	Isabel	Delnette Rojas		0975-6508813	isabelpo6539@gmail.com
	Jaro	Mark Jason Cativo		0977-4086117	cativomarkjason4@gmail.com
	Kananga	Restilio Galo		0910-5025333	restelitogalo@yahoo.com
	Palo	Darlene A. Delfin		0997-8748788	darlenedelfin2015@yahoo.com
	Palompon	Raul Rojas		0927-6619298	raul_r72@yahoo.com
	Tanauan	Tommie Tuazon		0947-9612905	
	Villaba	Nicolette B. Sanacao		0907-818408	nicolettesanaco@yahoo.com
	Baybay City	Jonalyn B. Tumamak		0945-5595523	jon_bersabal@yahoo.com
	Ormoc City	Rodelio Mascual		0905-8350027	cocker_76@yahoo.com
	Tacloban City	Renato Nacionales	(053) 523-2139	0917-5315052	renatonacionales03@yahoo.com
SOUTHERN LEYTE	Bato	Benjamin Cadavero		0935-5271097	benjamincadavero@yahoo.com
	Hinunangan	Ofelia Capapas		0921-2499043	ofeliacapapas65@gmail.com
	Hinundayan	Arturo Dagondong		0936-8351087	arturodagongdongjr@gmail.com
	Hilongos	Ricste Corpez		0955-3740436	etsirjohn@gmail.com
	Inopacan	Ricste Corpez		0921-6026655	etsirjohn@gmail.com
				0928-4091494	
	Malitbog	Edgardo Madera		0926-1718052	
	Sogod	Samuel Edulan		0965-5327307	liloan_sam@yahoo.com
	Maasin City	Gene Flores	(053) 570-8273	0977-3512151	southernleytedistrict@yahoo.com
BILIRAN	Biliran	Eleanor Machete		0975-9749149	macheteeleanorj@gmail.com
	Culaba	Stanley Bagasina		0921-9737661	stan_bagasina@yahoo.com
	Naval	Uldarico Rosaupan		0965-1844004	r.uldarico@yahoo.com
SAMAR	Basey	Shebelle Orbe		0930-0848411	shevelletubal0721@gmail.com
	Calbayog City	Muriel Esquillo		0947-9484433	murielesquillo@yahoo.com
				0945-4690084	
	Catbalogan City	Rona Inovejas	(055) 543-8731	0916-6016937	ronainovejas13@gmail.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
EASTERN SAMAR	Balangiga	Rembert Ida		0930-8269700	rembert_ida@yahoo.com
	Gen. MacArthur	Annalyn Erazo		0905-7000598	analyn_erazo@yahoo.com
	Guiuan	Liza A. Plaba -		0975-9487983	Lizaplaba20@gmail.com
	Oras	Aldrich Echaque		0935-3241685	dicky_chags@yahoo.com
	Salcedo	Emerson Abude		0916-1414237	
	Taft	Josephine voces		0998-4218389	joh25_voces@yahoo.com
	Borongan City	Vilma Allido		0916-5165124	phlpost6800@gmail.com
NORTHERN SAMAR	Catarman	Ma. Belen F. Gelera		0955-3307922	
	Gamay	Romulo E. Bello		0975-5563321	gamaypostoffice@gmail.com
	Laoang	Mitzi G. Baquil		0995-7052149	mlgawang@yahoo.com
AREA ADMIN CENTER Mandaue City, Cebu	Office of the Area Director	Benito P. Quiros	(032) 436-9930	0917-6714801	
	Administration & Finance	Jocelyn L. Agravante	(032) 417-2946	0933-8108750	
MAIL DISTRIBUTION CENTERS	Mandaue City MDC	Elpedio Judaya, Jr.	(032) 422-6344	0923-1627565	philpost_area5@yahoo.com.ph
	Tagbilaran City Sub-DC	Narcisa Minion	(038) 507-8107	0949-5802148	narcisaminion@yahoo.com
	Tacloban City Sub-DC	Marie Belle Merro	(053) 523-2139	0953-3188942	mmerro@yahoo.com

WESTERN VISAYAS AREA - AREA 6

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
AKLAN	Banga	Dexie Marc Sucgang		0927-0274442	myxpogz@gmail.com
	Ibajay	Ramon Tajaran		0928-5242124	
	Kalibo	Mike Philip John Tadia		0946-7250439	kalibopo@gmail.com
	Boracay	German Flores Abraham		0916-7359786	germanabraham57@yahoo.com
ANTIQUE	Bugasong	Henry Sevigan		0949-7191508	phlpostbugasong@gmail.com
	Laua-an				
	Culasi	Georgeline Omadio		0906-1824355	stephkyron@yahoo.com
	Pandan				
	Tibiao				
	Hamtic	Rene Tagala		0930-2249215	phlpostsja@gmail.com
	San Jose				
	Sibalom	Bernie N. Pelingon		0905-8102286	berniepelingon14gmail.com
	Tobias Fornier	Kristefferson Vidal		0936-4682537	kristeffersonvidal@gmail.com
CAPIZ	Jamindan	Margie Miranda		0912-8796767	margiemiranda27@gmail.com
	Mambusao				
	Panay	Teresa Farinas		0910-0531019	phlpost.roxas@gmail.com
					teresafarinas1@gmail.com
	Pontevedra	Juvie Balisan		0930-2802298	Phlpostpont2021@gmail.com
	Pres. Roxas	Nelinda Tumlos		0929-7905214	lextertumlos@gmail.com
	Sigma	Lyndon Alayon		0946-8918245	ellendalmacio4@yahoo.com
GUIMARAS	Buenavista	Poncio Magtagad		0999-2229758	ponciosmagtagad@yahoo.com
	Nueva Valencia	John Rex Espanola		0981-4137505	nva.valpo@gmail.com
ILOILO	Alimodian	Reymon J. Balatayo		0907-2865230	balatayo_reymon36@yahoo.com
	Barotac Nuevo	Jelyn Duting		0945-9017225	jelynduting30@gmail.com
	Barotac Viejo	Leo Jun Hofileña		0920-9710578	
	Cabatuan	Ma. Jennifer Templanza		0919-0015287	maasinpostoffice@gmail.com
	Calinog	Georgina S. Gadayan		0930-6357124	janstefan.gadayan12@gmail.com
	Dingle	Rodolfo A. Siva, Jr.		0930-8116931	nirochiva@gmail.com
	Pototan				
	Dumangas	Jelyn Duting		0945-9017225	jelynduting30@gmail.com
	Estancia	Ed Capanas		0999-5859123	izldwightzoe1967@gmail.com
	Guimbal	Noemi Patalen		0912-9160777	bc6.tigbauan@gmail@gmail.com
	Janiuay	Joel Cornelia		0908-1699780	
	Lambunao	Rodel Mandadero		0999-6542578	rodZ34mandadero@yahoo.com
	Leon	Reymon J. Balatayo		0907-2865230	balatayo_reymon36@yahoo.com
	Maasin	Ma. Jennifer Templanza		0919-0015287	maasinpostoffice@gmail.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
ILOILO *(cont.)*	Miagao	Reynante Tanilon		0910-9241399	reynantetanilon@yahoo.com
	Oton	Anthony Campos	(033) 510-8965	0999-2229676	camposgemini1991@gmail.com
	Pavia	Melchor A. Poral		0947-5340904	melchorporal@gmail.com
	Pototan	Rodolfo A. Siva, Jr.		0930-8116931	nirochiva@gmail.com
	San Joaquin	Reynante Tanilon		0910-9241399	reynantetanilon@yahoo.com
	Santa Barbara	Rebecca R. Racelis		0928-3360495	rebeccaracelis92@gmail.com
	Tigbauan	Noemi Patalen		0912-9160777	bc6.tigbauan@gmail@gmail.com
	Zarraga	Jovita Clavero		0919-4082179	jclavero754@gmail.com
	Iloilo City	Richie Cardiel	(033) 503-2368	0969-1010560	philpost_icpo@yahoo.com
	Duenas	Jessel James Taypen		0999-2229632	taypen121677@gmail.com
	Passi City				
NEGROS OCCIDENTAL	Binalbagan	Leody Ordaniel		0995-5541524	leodyordaniel411@gmail.com
	Hinigaran	Farli Lagtapon		0909-6422605	farlilagtapon@gmail.com
	Manapla	Patrick Bautista		0910-1955900	patrickbautista1229@gmail.com
	Murcia	Gorgonio Hojilla, Jr.		0943-7064143	jun.hojilla@gmail.com
	Toboso				
	Cadiz City				
	San Carlos City				
	Bacolod City	Rolly Mamon		0917-6330224	philpost.bacolod2577@gmail.com
	Bago City	Khem Dy		0928-5220125	khemdy10@yahoo.com
	Escalante City	Roem Minada		0963-5502958	roemminada@gmail.com
	Himamaylan City	Radnie P. Villasor		0928-5219325	villasorradnie@gmail.com
	Kabankalan City	Joey Barroquina		0917-8968877	j5abs24.JB@gmail.com
	La Carlota City	Melvin Mijares		0946-0906771	melvinmijares188@yahoo.com.ph
	Sagay City	Zacchary G. Rojo		0928-5245586	zaccharyrojo@gmail.com
	Silay City	Rinald Rosadia		0919-7647070	phlpostsilay6116@gmail.com
	Sipalay City	John Delfin		0939-6569858	sipalayhinobaan@gmail.com
	Talisay City	Leah Luz Basman		0939-5949320	leahluzbasman@gmail.com
	Victorias City	Luzviminda Flores		0922-2123131	victoriasphlpost@gmail.com
NEGROS ORIENTAL	Mabinay	Karl Narciso		0953-1661158	
	Siaton	Catherine Duran Humang-it		0935-5855339	durancatherine808@gmail.com
	Tayasan	Mark Christopher Davocol		0999-1937590	wilyndavocol@gmail.com
	Valencia	Joseph I. Ampal		0928-5208983	
	Bais City	Endralin Hilay-Coscos		0969-5289485	endralin.hilay@yahoo.com
	Canlaon City	Alwin Patubo		0928-5206852	patuboalwin14368@gmail.com
	Dumaguete City	Joseph M. Ojales		0915-8263750	joseph.ojales@yahoo.com
	Guihulngan City	Virgilio Demetillo		0917-3282990	virgiliodemetillo1965@gmail.com
SIQUIJOR	Larena	Jeffrey Yorong		0935-1013523	jeffreyyorong854@gmail
	Siquijor City				

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
AREA ADMIN CENTER Iloilo City	Office of the Area Director	Donabel A. Asuncion	(033) 327-3468		phlpost6oad@gmail.com
	Support Service Manager	Roger M. Tumlos		0921-8624536	rogztumlos@yahoo.com
	Cluster Supervisor	Jose Marie Granzo		0919-8406047	ppc6dm@yahoo.com
					phlpostssd6@gmail.com
MAIL DISTRIBUTION CENTERS	Iloilo City MDC	Atty. Stevenson G. Conlu		0946-8843312	stevensonconlu@hotmail.ph
	Iloilo City MDC - Dispatching Section	Francisco Columna		0908-8126405	franciscocolumna89@gmail.com
	Dumaguete City Sub-DC	Joseph M. Ojales		0915-8263750	joseph.ojales@yahoo.com
	Roxas City Sub-DC	Teresa Farinas		0910-0531019	phlpost.roxas@yahoo.com
	Kalibo, Aklan Sub-DC	Scoth Patani		0950-1236899	kalibopo@gmail.com
	Larena, Siquijor Sub-DC	Jeffrey Yorong		0935-1013523	jeffreyyorong854@gmail
	San Jose, Antique Sub-DC	Rene Tagala			phlpostsja@gmail.com

EASTERN MINDANAO AREA - AREA 7

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
DAVAO DEL NORTE	Carmen	Oliver Bryan M. Guides		0926 073 6451	philpostcarmen@gmail.com
	Sto. Tomas	Jessa A. Dumalag		0956 600 9648	stotomaspo@gmail.com
	Samal	Brian B. Mamogay		0909 022 4805	samalpostoffice@gmail.com
	Panabo City	Carlito L. Galvez III	(084) 823-8586	0938 256 0787	panabopo@gmail.com
	Tagum City	Ruby Ann D. Boctoto	(084) 216-9163	0976 067 7976	tagumpo@gmail.com
DAVAO DEL SUR	Bansalan	Sybel P. Veralio		0930 888 8238	lubaton.marilou@yahoo.com.ph
	Davao City Central	Rey N. Basilan	(082) 224-2961	0999 992 3035	davaocitycentralpostoffice@gmail.com
	Matina, Davao City		(082) 227-1837		
	Toril, Davao City	Vasily Omar B. Barriga	(082) 287-2138	0998 979 7936	torilpo@gmail.com
	Calinan, Davao City	William H. Olmoguez	(082) 221-9315	0919 797 0743	calinanpostoffice@gmail.com
	Mintal, Davao City	Rizalin L. Kaslani	(082) 221-1993	0938 276 0428	mintalphilpost@gmail.com
	Padada	Marilou A. Lubaton		0929 185 5571	kitcabillar@gmail.com
	Digos City	Kit C. Cabillar	(082) 235-4204	0915 017 0566	digospostoffice@gmail.com
DAVAO DE ORO	Compostela	Eduardo R. Olarte, Jr.		0905 157 7833	eduarolartejr@gmail.com
	Mabini	Kenneth M. Reyes		0949 822 2361	mabinipo@gmail.com
	Maco	Maurien P. Remojo		0938 482 2083	mau_remojo@yahoo.com
	Nabunturan	Abdul Rashid M. Ladia	(084) 637 7941	0977 841 6130	nabunturanpo@gmail.com
DAVAO OCCIDENTAL	Malita	Analyn M. Carbaquel		0948 379 4367	saijemanalyn@gmail.com
DAVAO ORIENTAL	Lupon	Fred B. dela Victoria	(087) 808 5573	0948 746 2488	ppclupon@gmail.com
	Mati City	Rusty L. Francisquete	(087) 811-7580	0948 746 2488	phlpostmati@gmail.com
COTABATO	Kabacan	Ian V. Testado	(064) 572 6933	0970 360 6502	kabacanppc23@yahoo.com
	M'lang	Irvin B. Serrano		0926 830 5073	phlpostmlang@gmail.com
	Midsayap	Aurora Mae P. Arro	(064) 577 1417	0909 3976840	midsayappo@gmail.com
	Kidapawan City	Irene G. Rapiz	(064) 288 1388	0956 448 5319	kidapawanpo@gmail.com
SOUTH COTABATO	Polomolok	Ronald C. Ellivera	(083) 500 0363	0939 351 1783	polomolokpo@gmail.com
	General Santos City	Jamram C. Bansuelo	(083) 877-6851	0948 639 2717	generalsantoscitypo@gmail.com
	Koronadal City	Ena D. Casa	(083) 520 1047	0920 119 7941	koronadalpo@gmail.com

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
MAGUINDANAO	Buluan	Cysil Joy D. Llanto		0948 639 2717	ibtisammamalumpon@gmail.com
	Dalican	Mohammad U. Ali		0926 151 6556	muaree19028@gmail.com
	Cotabato City	Mohammad U. Ali	(064) 552 9717	0926 151 6556	phlpostcotabato@yahoo.com
SURIGAO DEL SUR	Bislig City	Richard P. Alngog	(086) 853 7850	0970 270 9738	bisligpo@gmail.com
	Tandag City	Mary Ann B. Avila	(086) 853 5850	0910 166 5017	tandagpo@gmail.com
SULTAN KUDARAT	Isulan	Ulysses G. Alim	(064) 471 3883	0951 687 0929	phlpostisulan@gmail.com
	Lebak	Ginalyn S. Signey		0951 048 1188	signeyginalyn25@gmail.com
				0916 591 9472	
	Tacurong City	Ibtisam A. Mamalumpon	(064) 477 5084	0951 204 5120	phlposttacurong@gmail.com
SARANGGANI	Alabel	Jamram C. Bansuelo		0948 739 6611	jamrambansuelo@gmail.com
	Kiamba				
AREA ADMIN CENTER Davao City	Director's Office/AdFin/Operations	Lyndon L. Paqueo	(082) 226 3427	0912 638 5368	lyndonpaqueo@gmail.com
MAIL DISTRIBUTION CENTER	Davao City MDC	Ariel C. Manla	(082) 227 9855	0923 310 3365	mdcema@gmail.com

Note: Matina Post Office was converted into delivery extension post office of Davao City Central Post Office effective August 31, 2023.

CENTRAL MINDANAO AREA - AREA 8

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
MISAMIS ORIENTAL	Balingasag	Emilie C. Bentuzal		0926-5584891	emily_bentz89@yahoo.com
	Jasaan	Jim Q. Dailo		0926-8676679	postoffice.mijoliad@gmail.com
	Laguidingan	Jinky Madelon M. Clarin		0975-5831346	
	Lugait	Mirasol Manalocon		0965-8311628	
	Magsaysay	Paul G. Edubas		0926-8991137	edubaspaul@gmail.com
	Medina	Rito G. Custodio		0915-9603811	Ritocustodio21@gmail.com
	Opol	Ma. Elvie A. Illana		0917-3168284	
	Sugbongcogon	Juniper Obemio		0936-8701006	
	Tagoloan	Cresente Z. Baylin		0997-5403763	
	Talakag	Jesus Eros Achas		0917-1506374	
	Talisayan	Stella Marie G. Rodriguez		0967-5796477	
	Cagayan de Oro City	Ma. Elvie A. Illana		0916-7970461	
	Ginoog City	Rito G. Custodio		0915-9603811	Ritocustodio21@gmail.com
	El Salvador City	Jinky Madelon M. Clarin		0965-8311628	
AGUSAN DEL NORTE	Buenavista	Laura C. Abbas			laurac.abbas@gmail.com
	Nasipit	Glenda U. Malunay		0995-8101373	
	Butuan City	Mark Anthony M. Mosca		0909-2328133	
	Cabadbaran City	Elmer M. Sistona		0946-3469585	
AGUSAN DEL SUR	Bunawan	Roland Piencenaves		0947-2276524	
	Trento				
	Prosperidad	Glen B. Abao		0910-2493993	
	Bayugan City	German O. Getubig		0910-3107349	
	San Francisco City	Rozielmar R. Paladar		0905-7813339	
BUKIDNON	Don Carlos	Jennevah S. Rodrigo		0955-9550101	dcpost8712@gmail.com
	Kalilangan	Jaime B. Garcia, Jr.		0935-2100908	
	Libona	Melvyn B. Carlem		0923-9055466	
	Manolo Fortich	Danny A. Ipanag		0955-3341197	dannyipanag@gmail.com danipanag@yahoo.com
	Phillips				
	Maramag	Gibson Keen H. Bongabong		0965-9028694	maramagphlpost.8714@gmail.com
	Pangantucan	Jelly Kelly Roque Mangubat		0995-1612811	
	Quezon	Glades L. Rojas		0936-7465293	

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
BUKIDNON *(cont.)*	San Fernando	Jessie F. Payao		0906-8123811	
	Sumilao	Estrella B. Sucda			
	Malaybalay City			0992-8754153	phlpostmalaybalay@yahoo.com
	Valencia City	Gibson Keen H. Bongabong		0975-9411182	valenciacitypostoffice@gmail.com
CAMIGUIN	Catarman	Edwin G. Ladera			
	Mambajao				
LANAO DEL NORTE	Baloi	Ali L. Pinondang		0906-3501000	
	Kapatagan	Helen Bacalso		0917-1269993	
	Kauswagan	APM Limano, Mocsin		0905-7157088	
	Kolambugan	Rey Cliford L. Limot		0926-2632627	
	Tubod	Eduardo Sr. Juliata		0906-1911524	
	Iligan City	Mirasol C. Manalocon		0965-8311628	
LANAO DEL SUR	Malabang	Saada Macadato		0951-0922667	
	Taraka	Monaliza A. Esmail		0970-0778553	
	Wao	Jaime B. Garcia, Jr.		0935-2100908	
	Bacolod Kalawi	Mariam Casan		0907-1763876	
	Marawi City				
SURIGAO DEL NORTE	Alegria	Wilson Ignalig		0907-3310450	
	Bacuag	James D. Cuadra		0930-3963377	
	Claver	Rommel G. Onto		0907-1302941	
	Dapa	Joel P. Resnera		0920-3433404	
	Surigao City	Jacqueline B. Cortes		0950-6409115	
DINAGAT ISLANDS	San Jose	Jacqueline B. Cortes		0950-6409115	
AREA ADMIN CENTER Cagayan de Oro City	Director's Office/AdFin/Operations	Melchezedick S. Sanchez		0965-9028694	
		Abulkhayr Tanggolman		0936-2435162	
MAIL DISTRIBUTION CENTER	Cagayan de Oro City MDC	Gay Kathleen A. Luzana		0926-9674651	

WESTERN MINDANAO AREA - AREA 9

PROVINCE	POST OFFICE	POSTMASTER/ FOCAL PERSON	CONTACT INFORMATION		
			Telephone (Landline)	Mobile	Email Address
MISAMIS OCCIDENTAL	Aloran	Kilmer C. Paller		09214448712	kilmerpaller@gmail.com
	Calamba	Mauricio R. Budo, Jr.		09488710436	mauricioppc59@yahoo.com
	Oroquieta City	Odelona B. Arapoc		09107320641	odelona.arapoc@gmail.com
	Ozamis City	Ludo G. Salcedo Jr.		09167932415	ludosalcedojr@gmail.com
	Tangub City	Aileen G. Solatorio		09207267942	solatorioai@yahoo.com
ZAMBOANGA DEL NORTE	Liloy	Efren C. Soria		09977666411	efrensoria32@gmail.com
	Dapitan City	Reyland F. Elumba		09152953788	elumbareyland@gmail.com
	Dipolog City	Hamdan A. Libongan		09706222173	hlibongan@gmail.com
ZAMBOANGA DEL SUR	Aurora	Eduardo C. Cabañero, Jr.		09500982027	ecabanerojr@gmail.com
	Dumalinao	Charlito S. Jayme		09212066239	charlitojayme@gmail.com
	Labangan	Louie J. Tan		09150622359	tanlouied@gmail.com
	Molave	Estelita B. Tauto-an		09399170485	tautoan.estelita@gmail.com
	San Miguel	Marvic D. Duran		09309966868	duranmarvic77@gmail.com
	Zamboanga City Central	Daisy H. Biri		09171367645	biridaisy@yahoo.com
	Ayala, Zamboanga City	Jamson F. Revelo		09532014429	facultadjimson@gmail.com
	Manicahan, Zamboanga City	Rudini Cristino V. Cardozo		09278467993	rudinicardozo@gmail.com
	Veterans, Zamboanga City	Evelyn B. Bonilla		09150851922	evelynbonilla556@gmail.com
	Vitali, Zamboanga City	Aldrin Jobert S. Mariano		09533928169	mariano460@yahoo.com
	Pagadian City	Marites P. Costales		09175391466	maritescostales08@gmail.com
ZAMBOANGA SIBUGAY	Ipil	Dave Rowell C. Antigua		09351831491	Kabasalanzambo.sibugay@gmail.com
BASILAN	Isabela City	Jesus D. Borja, Jr.		09059207332	jesusborja1963@gmail.com
	Lamitan City	Fe S. Gagaracruz		09051716932	reazynlady@yahoo.com
SULU	Jolo	Wannor T. Amil		09268476039	
TAWI-TAWI	Bongao	Norwil P. Lecias		09353876549	leciasnorwilpanto@gmail.com
AREA ADMIN CENTER Pagadian City	Director's Office/AdFin/Operations	Macaria J. Leonardo			kary_pdm@yahoo.com
MAIL DISTRIBUTION CENTERS	Zamboanga City MDC	Al C. Posadas		09997953794	alposadas@gmail.com
	Pagadian City Sub-DC	Anavil V. Faciol		09481414069	anavilfaciol23@gmail.com